

The magazine for alumni and friends of Delaware Valley University

HORIZONS

SPRING 2019



BEHIND THE MASK

Imposter syndrome is real, and it's more common than you think

From the Editor's Keyboard



Come on, admit it.
Sometimes you feel like a fraud.

You see friends globetrotting on Facebook, see colleagues celebrating promotions on LinkedIn, see strangers slinging one-liners on Twitter whose cleverness leaves you feeling like a first grader.

And it all leaves you feeling like an imposter who's about to be found out.

Really, it's okay to admit it. You're not alone. As Molly Harty notes in our cover story, as many as 7 in 10 Americans "will experience at least one episode of imposter phenomenon in their lives."

That helps to explain why, when I told colleagues at the University that this issue of the magazine would include a feature on Dr. Audrey Ervin's work on Imposter Syndrome, the response, almost to a person, was one of great interest. I think it's a topic that strikes a chord in a lot of us, because so many of us can relate. It's just a hard thing to admit to anyone but those you're closest to.

I see it in my kids, who are members of the second generation of people who can't experience the smallest thing without logging it on social media. For all of these platforms' significant benefits — the way they raise awareness, connect people, build communities — they can also help people paint a picture as distinct from reality as a Picasso portrait is from a Rembrandt. My daughters know this on one level — the level at which parenthood tries to steer them in the right direction. But on the emotional level where they — and, frankly, most of us — live most of the time, they are constantly comparing themselves to their peers, and often believe themselves to be lacking, evidence to the contrary notwithstanding.

So let's talk about this more than we do. Audrey's work is a start. She counsels clients not to let their feelings of fraudulence go unexamined, but to reflect on whether they are helps or hindrances. At a time when compassion feels as if it's at an all-time low, some honest self-reflection could go a long way toward helping us understand each other. And who knows where that could lead?

Hmm. Wonder if I should tweet that ...

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HORIZONS

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Horizons is published for Delaware Valley University alumni, friends, parents, students, faculty and staff by the Office of Marketing and Communications.
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Periodicals postage paid at Southeastern, PA and at additional mailing offices.

HORIZONS MAGAZINE MISSION STATEMENT

The primary purpose of Horizons is to present accurate, balanced stories that will interest our readers, elevate perceptions and awareness of the institution, and create a greater sense of community.

The magazine shares news and accomplishments to keep alumni connected to the institution, extending the University's reach to wherever people live.

Horizons shares and highlights news related to the University and its alumni, students, faculty and staff. The intent of sharing these stories is to make people more aware of the great work that is happening because of the University, which will indirectly cultivate alumni engagement, campus visits, financial gifts and favorable coverage of DelVal.

As one channel for the institution's marketing and communications, the magazine breaks down silos and allows

for the various departments on campus to learn more about each other.

The publication reflects DelVal's core values: respect all people; value the world of ideas and differences; pursue excellence; live each day with integrity; teach, learn and serve with passion and commitment; and act as one learning community with one purpose.

The final decision on whether a story will be included is always based on two factors:

- Is it an interesting topic that will engage our readers?
- Does the story help to elevate perceptions of the institution or, foster a greater sense of community among our audience?

We want to hear from you!

Letters are subject to editing for space, style, clarity and civility. To submit letters to the editor, email horizons@delval.edu, or mail a letter to:

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SUCCESS	LEARNERS	EXPERIENTIAL	EXCELLENCE	PARTNERSHIPS

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President's Letter



The dreaming is done. The designing has been determined. It's time to get to the doing.

The drafting of our new audacious vision last year gave us a chance to dream, to imagine what DelVal could and should be. The development of the strategic plan in support of the vision put us in the design phase, creating a road map full of goals, objectives and action items to get us to where we want to go. And now, we have moved on to implementation of the plan—in other words, we are doing.

Dream. Design. Do.

Of course, many hours and much work went into creating the vision and the plan, but it is with implementation that the rubber meets the road. The entire University community must come together and set about turning our ambitions into reality. This will entail us working on new tasks in different ways. We will need to think and act strategically, ever mindful that everything we do must advance us toward our vision.

And when I say “the entire University community,” I don’t mean only the faculty, staff and administrators who will do much of the heavy lifting. I also mean every person reading this magazine.

University alumni, friends, supporters and community members all have a significant role to play. With your active participation—through strategic partnerships, advocacy and financial donations—our plan will come to life. We are enhancing the institution you love, making it stronger for *all* stakeholders—you included.

With your engagement, in five years, when our plan has run its course, DelVal will stand proudly as a more diversified enterprise, impacting a wider variety of students of all ages, sharing our expertise in experiential education with the world, and thriving fiscally thanks to new revenue streams and enhanced donor support.

I look forward to us working together to make the DelVal dream a reality!

A handwritten signature in black ink that reads "Maria Gallo". The script is fluid and cursive.

Dr. Maria Gallo

University Ranked in Top 20 Nationally for Animal Science

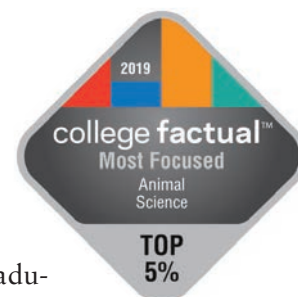
DelVal's animal science program was ranked among the best in the country last semester by College Factual, an education services company that focuses on providing data-driven information for prospective students.

College Factual put the University's program at No. 19 on its list of the 76 best animal science colleges in the United States and named it among the top 5 percent of "most focused" programs.

"We are proud to be recognized on this list of top animal science programs," said Dr. Broc Sandelin, dean of the School of Agriculture and Environmental Sciences. "At Delaware Valley University, students receive one-on-one, personal attention and mentoring from dedicated faculty in small classes. Students are also applying what they're learning in the classroom through relevant, real-world experiences. This combination of knowledge and

experience sets our graduates up for success in their careers."

Graduates from the University's Department of Animal Science are prepared for veterinary school or graduate school. They can also pursue careers as



livestock farm managers, extension service workers, animal care technicians, veterinary assistants, education or government professionals, agribusiness professionals, lab technicians, and animal feed and pharmaceuticals sales professionals.

"College Factual put the University's program at No. 19 on its list of the 76 best animal science colleges in the United States."

Undergraduate, Graduate Business Programs Earn Accreditation

The University's undergraduate business and MBA programs received significant external validation in January when DelVal was awarded accreditation by the Accreditation Council for Business Schools and Programs (ACBSP).

The designation certifies that the teaching and learning processes within the business programs offered through the University's School of Business and Humanities and School of Graduate and Professional Studies meet the rigorous educational standards established by ACBSP. The council is the only organization offering specialized business accreditation for all degree levels, from associate to baccalaureate to doctoral degree programs.

Based on the Baldrige Education Criteria for Performance Excellence, ACBSP accreditation evaluates aspects of leadership, strategic planning, relationships with stakeholders, quality of academic programs, faculty credentials and educational support to determine whether the business programs offer a rigorous educational experience and demon-

strate continuous quality improvement.

"Our business degree programs provide students with the knowledge and skills to advance their careers," said Christine Seel, co-chair of the Department of Business and

Information Management. "This accreditation affirms the quality of our programs and will help us to continue to enhance the academic experience for our undergraduate business students as well as our MBA students."



Biologist Offers a Picture of an Ancient Predator



Jason Downs, Ph.D.

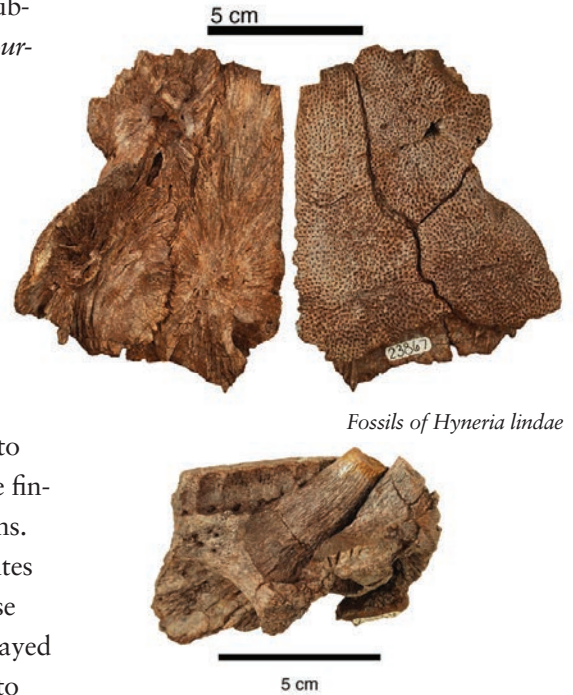
After 25 years of collecting fossils at a Clinton County, Pennsylvania, site, scientists now have a much better picture of an ancient, extinct 12-foot fish and the world in which it lived, thanks to a DelVal biologist, among others.

Jason Downs, Ph.D., assistant professor of biology and a research associate at the Academy of Natural Sciences (ANS) of Drexel University, and Ted Daeschler, Ph.D., curator and professor at ANS, have been able to reconstruct a picture of *Hynieria lindae*, the ancient predator. The prehistoric fish had a blunt, wide snout, reached 10–12 feet in length, had small eyes and featured a

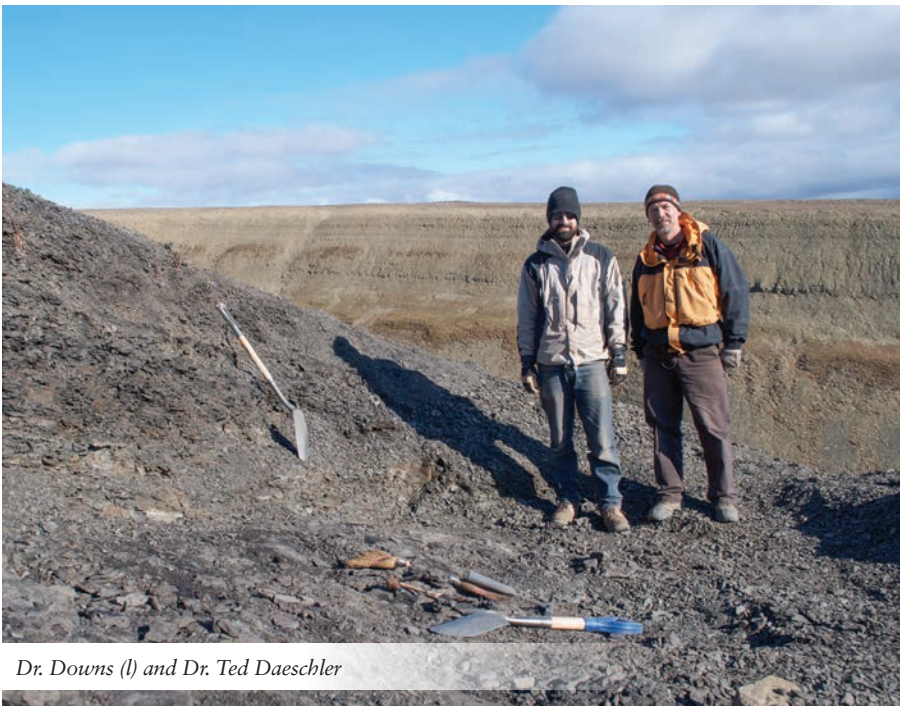
sensory system that allowed it to hunt prey by feeling pressure waves around it. Dr. Downs and Dr. Daeschler published the new discoveries in the *Journal of Vertebrate Paleontology*.

No single complete skeleton exists of this giant, but enough is there to show that *Hynieria* would have truly been a monster to the other animals in the subtropical streams of the Devonian Period, roughly 365 million years ago.

“*Hynieria* lived in a time and place that is of incredible interest to those of us studying the vertebrate fin-to-limb transition,” said Dr. Downs. “Each study like this one contributes more to our understanding of these ecosystems and what may have played a part in the successful transition to land.”



Fossils of *Hynieria lindae*



Dr. Downs (l) and Dr. Ted Daeschler



New Master's in Criminal Justice Launched

Delaware Valley University will offer a new graduate degree in criminal justice beginning in fall 2019. The University's master of arts in criminal justice will be offered with both full- and part-time options, and is entirely online and open to students with bachelor's degrees in any major.

"Students will be taught by criminal justice experts who will bring real-world scenarios and experience into the classroom," said Dr. Christi Smith, the program's academic director and an assistant professor of criminal justice. "From criminological

theory and research methodology to professional ethics and administrative functioning, graduates will be prepared with the background to assume leadership roles in such areas as law enforcement, corrections, probation and parole, security and other parts of the judicial system.

"This program will prepare those working in the criminal justice system as well as those students who want to enter careers in this field with the knowledge and experience to take their careers to the next level," she added.



When Ann Marie Vaughn, Ed.D., chose the topic for her dissertation for DelVal's doctor of education program, she was looking to provide a solution to a real-world problem. Her work ended up helping to change Pennsylvania's teacher

DOCTORAL DISSERTATION INFLUENCES NEW CERTIFICATION LAW

certification requirements.

For her dissertation, "The Division of PA Teacher Certification and Its Impact on Teacher Hiring," Vaughn surveyed and interviewed elementary school principals about their challenges hiring teachers for the fifth and sixth grades.

"Elementary teachers in Pennsylvania were previously certified in either pre-

K through fourth grade or fourth through eighth grade," said Vaughn. "A lot of colleges were unable to sustain both the early-childhood and the middle-level degrees, so there were not enough teachers for the fifth- and sixth-grade levels."

After Vaughn defended her dissertation, graduate education officials at the University learned that the Pennsylvania House was discussing a bill aimed at changing the requirements for elementary teacher certification. Dr. Vaughn sent her dissertation to the bill's sponsor, who

shared it with other state representatives. The bill passed and Governor Tom Wolf signed it into law, allowing for elementary school teachers

to earn the K-6 certification again.

"I think this change will help improve the quality of teachers for fifth and sixth grade," said Dr. Vaughn. "Principals will now have a bigger applicant pool to choose from."

"I think this change will help improve the quality of teachers for fifth and sixth grade."

REVIVING RYE: STUDENTS HELPING TO BRING BACK A VINTAGE GRAIN

As craft whiskey producers look for ways to improve their products, many are channeling the past, bringing back grain varieties that have been largely lost from the country's fields. Dad's Hat, a Bristol, Pennsylvania-based producer, is working with DelVal to resurrect Rosen rye, a variety that was widely grown in the U.S. about 100 years ago, until Prohibition severely curtailed its use.



John Urbanchuk; Dad's Hat Founder and Distiller Herman C. Mihalich; and DelVal University Dean of Agriculture and Environmental Sciences Broc A. Sandelin, Ph.D.

"I don't think anyone else is growing this type of rye in Pennsylvania," said John Urbanchuk, the University's chair of agribusiness. "The purpose of this project is to revive a heritage variety of rye."

Dad's Hat approached Urbanchuk about growing Rosen rye on campus after he toured the distillery. Urbanchuk obtained a small amount of seeds from a USDA seed repository for the project. By planting and harvesting from these seeds in greenhouses and high tunnels on campus, the University was able to get enough seed to plant a batch that sprouted last summer.

"The biggest tasks the students have are preparing the ground for growing and planting and harvesting," said Urbanchuk. "The whole effort has to do not just with planting the seed, but how to identify diseases and pests that might impact the crop. It's a good practical example that is a little unusual for them to get to see."



Krauskopf Medal to White Dog Café Founder

The University honored author, entrepreneur and activist Judy Wicks with the Krauskopf Medal in recognition of her impact on the business community and her efforts to promote more sustainable and responsible business practices.

Wicks visited campus in September to meet with community guests and students before receiving the medal at the annual 1896 Society Gala that evening.

The Krauskopf Medal, named in honor of DelVal's founder, Dr. Joseph Krauskopf, celebrates those who make positive change in the world.

“Judy is someone who will inspire many of our students, as well as our campus community and partners.”

“Judy is someone who will inspire many of our students, as well as our campus community and partners,” said DelVal President Dr. Maria Gallo. “She has shown that businesses can thrive while embracing practices that leave the world better for future generations. We’re honored to welcome Judy to campus as we celebrate her accomplishments as a leader of change.”

In 1983, Wicks founded Philadelphia’s iconic White Dog Cafe, a pioneer in the farm-to-table movement and a model of sustainable and responsible business practices. Wicks has founded several nonprofits, including Fair Food Philly, which connects local farms to the urban marketplace; the Sustainable Business Network of Greater Philadelphia; the continent-wide Business Alliance for Local Living Economies; and Proud Pennsylvania, a grassroots campaign with a vision for a state that runs on 100 percent renewable energy.



Alum's Gift Supports LGBTQ Student Group



An alumnus of the University has provided funding to support a campus group for lesbian, gay, bisexual, transgender and questioning (LGBTQ) students and their allies.

The gift by Joel N. Martin '67 will be used to send two students a year from GLOW, DelVal's LGBTQ student group, to an annual LGBTQ conference for the next five years. The students will report back on what they learned and share

their takeaways with the campus.

“In the '60s, as a gay person, I had to hide my sexuality because the times wouldn't have allowed me to be out,” said Martin. “People don't realize how the norms in society were during those days.”

Martin, who works in real estate in Washington, D.C., is also working on a donation of LGBTQ books for the Krauskopf Library and may be adding benches to campus to serve as places for students to sit and talk. He believes schools should promote the clubs and organizations they offer to support LGBTQ students so that more students can find them.

“Publicity about the clubs and what they do is important,” said Martin. “The message just needs to be out there so that people know that they can find comfort in an organization. Students need to know they can find a place where they don't feel out of place.”



Healing Garden

Offers Solace for Veterans

The University opened a veterans healing garden on campus with an informal dedication ceremony last fall. At the event, a group of student veterans put the final touches on the garden.

“The purpose of the new garden is to provide a quiet area for veterans to collect their thoughts and enjoy nature,” said Kerr Smith, DelVal’s director of military and veterans affairs. “It will provide a serene



David Brecht, U.S. Army veteran and participant in the Organic Farming Certificate Program

place for student veterans to go and will also be open for all students to use.”

Dr. Mingwang Liu, a DelVal professor who has a background in horticultural therapy, approached Smith about the idea of creating the garden for veterans. Nancy Minich, a DelVal faculty member who teaches students in the horticultural therapy certificate program at DelVal, designed the garden using input from student veterans.

An anonymous donor and a gift from

the Class of 2018 provided the funding.

“Choosing to contribute the class gift toward the garden was a show of support from the greater community of the school for the veteran community,” said Smith.

Sustainable techniques are also a key part of the garden’s design. The garden includes a porous paving surface, the first of its kind on campus, which allows for rainwater to go straight through the paving, preventing runoff.

“The purpose of the new garden is to provide a quiet area for veterans to collect their thoughts and enjoy nature.”



Chris Handy, a master in public policy (MPP) student, who serves in the Army National Guard, helps with planting the Veterans Healing Garden.



Nicole Gonzalez '19, a U.S. Navy Veteran and equine business and management major, helps with planting the new Veterans Healing Garden.

BMS Grant Funds Student Research

Biopharma company Bristol-Myers Squibb (BMS) awarded a \$20,000 grant to the University in July in support of student research. The gift brings BMS' total funding of undergraduate research at DelVal to \$160,000.

"We are grateful to have a company like Bristol-Myers Squibb investing in tomorrow's STEM leaders," said Dr. Cynthia Keler, professor of biology and student research coordinator. "Hands-on, real-world experiences like student research help students gain the skills they need to achieve their dreams."

The BMS grant supports DelVal's Student Research course, in which undergraduates spend a semester exploring a

topic of their choosing under the guidance of a faculty mentor. They form and test hypotheses and present their results to the University community. While the course is open to all majors, the grant funding will go to students with projects related specifically to biology, chemistry, agriculture, animal biotechnology and conservation, environmental sciences and animal science.

Enrollment in the Student Research course, offered in through the Experience360 program, has grown substantially since it was first offered in the fall of 2010.

"Without Bristol-Myers Squibb's generous support this growth wouldn't have been possible," said Dr. Keler. "This

support is helping DelVal students experience scientific research firsthand."



Student researchers Margaret Gadomski '19 (l) and Kalyn Bryan '18 (r) with former State Rep. Marguerite Quinn.

DelVal Hosts National Interfaith Conference

Hundreds of Jewish and Muslim women from across the country were at DelVal in November for the Sisterhood of Salaam Shalom's (SOSS) annual conference.

Attendees participated in a workshop facilitated by leaders in interfaith dialogue and engagement, and heard from various speakers on how to build stronger relationships between Jews and Muslims. Keynote speakers included author and lecturer Marianne Williamson, Joseph Levin, Jr., cofounder of the Southern Poverty Law Center, and Edina Lekovic, a leading voice on American Muslims and an inter-community builder

between diverse faith traditions.

"In addition to our core values, we often call upon the legacy of our founder,



Rabbi Joseph Krauskopf," University President Maria Gallo, Ph.D., told the gathering. "Rabbi Krauskopf had a keen interest in social justice. I have no doubt that he would look upon this weekend's events, and your advocacy of peace and interfaith engagement, with pride and happiness."

SOSS builds relationships between Muslim and Jewish women based on developing trust and respect and ending anti-Muslim and anti-Jewish sentiment. The group's choice of DelVal as its conference site was facilitated by Majid Alsayegh, chair of the University's board of trustees.

New Deans Named in Academic Affairs

The Division of Academic Affairs has welcomed several new deans to the University.

Broc Sandelin, Ph.D., is dean of agricultural and environmental sciences. He came to DelVal from California State Polytechnic University, Pomona, where he served as an associate professor and chair of the animal and veterinary sciences department. Sandelin holds an M.S. and Ph.D. in animal science from the University of Arkansas.



Jean Smolen, Ph.D., is dean for life and physical sciences. Most recently she was an associate dean in Saint Joseph's University's College of Arts and Sciences and director of Saint Joseph's Summer Scholars Program, which provides stipends for undergraduate research across all disciplines. Her Ph.D. is in environmental chemistry from Johns Hopkins University.

Tanya Casas, Ph.D., was named permanent dean of business and humanities after serving in an interim capacity. She holds an M.S. and Ph.D. in development sociology from Cornell University.



Larry Arrington was selected as dean for advising and academic success following a national search. Previously the assistant dean of the educational support services division at the Community College of Philadelphia, Arrington earned a master's in multicultural education from Eastern University.

Five Join Board of Trustees



The University added the following members to its board of trustees:

< **W. Matthew Dougherty '96**, a veteran of the biotechnology and pharmaceutical industries.



> **Krista Pool Harper**, a lawyer in Doylestown.

> **Joy Levy**, corresponding secretary for the Village



Improvement Association of Doylestown.

< **Michael Rettig**, global general counsel and chief compliance officer of Giorgi Global Holdings, Inc.



> **William R. Schutt**, the founder, former owner and chairman of MATCOR, Inc., an engineering and manufacturing company.



Watson Executive-in-Residence Program Welcomes Three to Campus

A trio of acclaimed professionals came to campus over the past year to serve as the Watson Executive-in-Residence:



- Spring 2018: Meghan Maciolek, senior program manager of Amazon's contingent workforce program

- Fall 2018: Stephen Flavell '04, chief operating officer for the Executive Education Academy Charter School in Allentown



- Spring 2019: Mike Rhodin, the former head of IBM Watson Business Development as well as Woodrow Wilson Visiting Fellow at DelVal



In celebration of the University's "Springtide and Solstice" art exhibit and accompanying concert and reception in February, U.S. Rep. Brian Fitzpatrick presented to DelVal a proclamation and a flag that flew over the United States Capitol. The concert and exhibit were a partnership among the University's Chorale, its Arts on Campus program, and the Palisades Community Chorus. Also participating in the event was the Doylestown-based Coalition to Shelter and Support the Homeless, which raised funds for the Coalition's Code Blue initiative.

Above, from left: Guest curator Lisa Tremper Hanover, Coalition president Deborah Perry-Neidhardt, Arts on Campus co-chair Linda Lefevre, DelVal Professor of Music and Palisades Community Chorus music director Dr. Jack Schmidt, and chorus executive director Kathleen Fagnoli.



FLAKE ARCHER

An early-March snowstorm was more nuisance than nasty, dropping 4 or 5 inches in Doylestown and ending early enough to cause a 2-hour delay rather than a full cancellation. As this picture, shot by Lake Archer, shows, it doesn't get much prettier than DelVal's campus after a snowfall.

Photo: Ryan Stewart

Help for Those Who Need it Most

Jim Harteis '65 benefitted from financial aid as a DelVal student, and he is certainly paying it forward. Harteis recently provided a new, five-figure gift to enhance the University's James L. Harteis Emergency Endowed Scholarship Fund, which he launched a few years ago to help students who are facing unexpected personal challenges, such as the death of a parent or caregiver, to stay in school and graduate. On top of that, Harteis is providing an additional \$1.5 million estate gift which will support the University's agriculture programs.

Harteis, the oldest of 10 siblings, grew up on a small farm and worked multiple jobs to help put himself through school. As a DelVal student, he depended on financial aid to stay



(l-r) Jim Harteis, Patricia C. Hilton '76 and DelVal President Maria Gallo, Ph.D.. Harteis received the Patricia C. Hilton Volunteer Service Award at last fall's 1896 Society Dinner.

in school. After he graduated, he went on to build a successful career in the dairy industry. He said he hopes to give students who are in the same position he was 60 years ago "the same help."

After graduating, Harteis wrote a letter to DelVal's president and Board of Trustees, pledging that if he was ever in the position to help others as he was helped, he would.

"I'm pleased I can live up to that pledge to myself and the Board," said Harteis.

To join Jim Harteis in supporting students who need extra assistance, please visit www.delval.edu/give. To learn how you can leave a lasting legacy through an estate gift, see <https://delval.mylegacygift.org>



Football: Aggies Win Second Straight Mac Championship

The DelVal football team captured its second straight Middle Atlantic Conference championship in the fall, going undefeated in league play to extend its conference unbeaten streak to 20 games. The only blemishes on the Aggies' schedule were an opening-night loss at ninth-ranked Wesley and a first-round NCAA play-



off setback to visiting Muhlenberg.

DelVal finished the season at 9-2 and placed four players on the Fall Academic All-Mac

Team. Freshman defensive end Michael Nobile was selected to the D3football.com All-America first team, while junior tight end Dan Allen was an honorable-mention pick. Nobile also was named to the 2018 Associated Press All-America Football Second Team.

Academic Honor Roll Includes 69 from DelVal

Sixty-nine DelVal student-athletes were named to the Middle Atlantic Conference's 2018 Fall Academic Honor Roll.

The Aggie football team led the way, with 24 of its student-athletes earning a spot on the academic honor roll. The women's soccer team followed with 12 honorees, while the field hockey team added nine members and the men's soccer team, eight. Women's cross country placed seven members, women's volleyball had five, and men's cross country placed four.

AGGIES EARN SPORTSMANSHIP NODS

Seven Aggies were named to the MAC's annual sportsmanship teams for the fall 2018 season:

- Freshman Logan Cooper, men's cross country
- Sophomore Emily Davis, women's soccer
- Senior John Graham, football
- Freshman Hailey Christman, women's cross country
- Junior Alexa Aguilar, field hockey
- Senior Evan Augsburg, men's soccer
- Junior Tara Moffa, volleyball

The MAC Sportsmanship Teams recognize student-athletes who exemplify great character and demonstrate the act of sportsmanship both on and off the field. These student-athletes were selected by the head coaches of their respective teams. They represent their team, institution and conference with high integrity, and exhibit respect for themselves, teammates, coaches and opponents.

Three New Sports Added to Intercollegiate Lineup

Three new intercollegiate sports – one launched in January, the other two slated for this fall – will give DelVal students exciting new extracurricular options.

Taking advantage of an emerging trend in student activities, the University added Esports as a coed program this semester. A form of competition using video games, Esports are commonly multiplayer games involving strategy and skill. Their popularity has become a phenomenon in the technology industry, and media outlets such as ESPN are giving it exposure on various platforms, including live television.

DelVal is competing as a member of the National Association of Collegiate Esports (NACE). The only institutional

association for varsity Esports, NACE has 80-plus member schools and more than 1,500 student-athletes. Chris Shriver, data center administrator for technology services, is serving as the program director.



“With the Esports program at DelVal, I ultimately hope to provide the type of experience that I wish I had when I was completing my undergraduate degree,” Shriver said.

In addition, the University announced that it intends to add women’s wrestling

and co-ed fencing as of the 2019-20 season. The move is in part a response to recent student surveys intended to gauge interests in new programs.

“Both sports have grown by leaps and bounds,” said former athletic director Steve Cantrell, “and it further shows the commitment by the University to our entire athletic department as well as meeting the interests of our students.”

Marshal Davis, who fenced at the University of Florida and coached several collegiate teams, was named the fencing program’s inaugural head coach. Caitlyn Baker, a two-time Women’s Collegiate Wrestling Association All-American and fifth-place finisher at the 2004 Olympic Trials, takes the helm of women’s wrestling.

Stefani Named First All-American in Softball Program History



Designated player/pitcher Jamie Stefani '19 became the first All-American in Delaware Valley University softball history last season, earning a first-team nod from *Fastpitch News*.

The honor capped a season full of accolades for Stefani. She was named to the all-Middle Atlantic Conference (MAC) Freedom Team for the third straight year and earned a spot on the conference’s academic honor roll. She was also voted to the 2018 Google Cloud Academic All-District 4 First Team and was an Academic All-American candidate.

Stefani shined at the plate and in the circle. Her .535 batting average was the third-highest in Division III, and her .608 on-base percentage ranked fourth in the country and tops in Aggie history. As a pitcher, Stefani appeared in a school-record 27 of the team’s 32 games, and completed 17 of her 21 starts. She tied a school record, one she already shared, with 11 wins and broke her own record with 116 strikeouts in 139-plus innings.



A NEW ROADMAP

With a visionary strategic plan in place,
DelVal charts an ambitious course for its next five years

Dream. Design. Do.

With that memorable phrase in her inaugural remarks almost three years ago, Maria Gallo, Ph.D., launched her presidency of Delaware Valley University by articulating an ethos that combined planning with action.

“This plan will guide DelVal in continuing to help the University transition into a 21st-century institution able to anticipate and respond to changing times for future generations of Aggies while remaining true to our deep-rooted mission of promoting science with practice,” said Dr. Gallo. “I am energized by what it means for our future.”

“Dreams are the raw material of great accomplishments,” she said on that remarkable day. “The next step is to take that dream and convert it into a workable design. Then comes the do part of delivering on that design despite the inevitable setbacks. And each step of that ‘Dream. Design. Do.’ process becomes more communal.”

The University’s new strategic plan, unanimously approved by the Board of Trustees in January, lays out a road map to guide Dr. Gallo and the entire DelVal community in re-imagining the institution over the next five years. Fittingly, it is titled “Dream. Design. Do.”

The plan supports a bold new vision — DelVal will be the leader in

experiential education, empowering all learners to transform the world — and offers strategic goals, objectives and action items meant to reinvigorate the University and position it to thrive in an intensely competitive environment for generations to come.

Five Pillars, One Foundation

The heart of the plan – the strategic areas the University will focus on – comprises five pillars and a common foundation on which they rest. These six priority areas grew out of the visioning process, which combined research, exploration, brainstorming, analysis and extensive input from the University community to lay out a new institutional aspiration.

The Pillars

- Advance student success
- Engage all learners
- Experiential education
- Enhance faculty and staff excellence
- Expand community and industry partnerships

The Foundation

- A dynamic and inclusive culture

A Bottom-Up Process

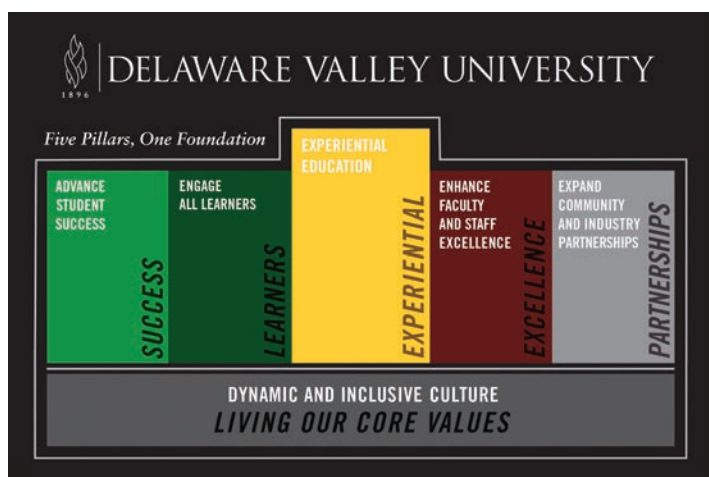
The plan was developed by a steering committee consisting of a diverse group of faculty, staff, trustees, alumni, students and community members. Its strategic basis is the Blue Ocean concept, an approach that is based on extensive market exploration and involves the simultaneous pursuit of differentiation and low cost.

The plan’s developmental process emphasized broad participation, and more than 175 campus community members provided input. Six task forces developed the plan’s objectives and action steps, a level of participation that positions it for wide understanding and acceptance.

Implementation and Measurement

With the board’s approval of the plan, University officials moved immediately into the implementation phase. Because many of the action items have relevance across multiple pillars, they were grouped into various implementation clusters. Working groups are being assigned to the clusters, and some of the action items are already in the process of being addressed.

Each pillar and the foundation have key performance indicators (KPIs) attached to them so that the University can track its progress on the plan. In addition, a set of corollary KPIs have been developed to measure brand strength, reputation and financial sustainability.



THE PLAN BY THE NUMBERS

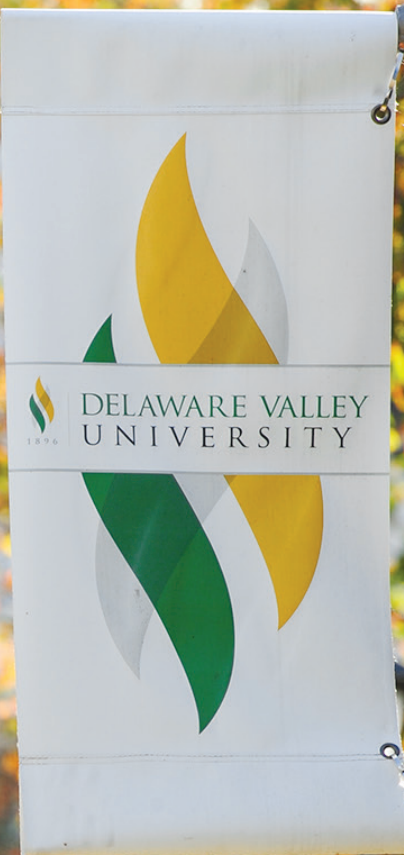
1 Foundation
5 Pillars
22 Goals
99 Objectives
300+ Action Items
24 Key Performance Indicators

A Road Map Toward a Final Destination

For a strategic plan to serve as a true road map, there must be a final destination at its end. DelVal's destination is a transformed institution, one marked by:

- Growth in the number of students of all types and backgrounds for whom Delaware Valley University is the value-added choice for education and enrichment
- Differentiation, leadership and reputation in experiential education
- Gains in student persistence to graduation
- Demonstrable student learning and career outcomes aligned with our value proposition
- Diversification of revenue through a portfolio of offerings, through excellence in experiential education, and through the quality of our core academic programs
- High levels of student, faculty and staff satisfaction
- A campus culture characterized by inclusive excellence in all we do

For more, see delval.edu/strategicplan.



BROAD ENGAGEMENT

1,300 Ideas from the University community	8 Student sessions
300 "Little black book" ideas	6 Open faculty and staff sessions
175 Participants	6 Task forces involving 50+ people
45 Table discussions	6 Exploration teams
22 Breakout group discussions	4 Alumni sessions
18 Written campus updates	3 Faculty sessions
15 Strategic Planning Committee meetings	3 Town halls
10 Community and industry interviews	2 Planning days with 160 attendees





BY MOLLY HARTY



AUDREY ERVIN, PH.D.

BEHIND THE MASK

FEEL LIKE YOU'RE ABOUT
TO BE FOUND OUT AS
AN IMPOSTER? YOU'RE
PROBABLY WRONG, AND
YOU'RE NOT ALONE.

They're everywhere, at the helm of industry, fields of study and organizations. Widely respected CEOs. Award-winning actors. Published scholars. Millionaire entrepreneurs.

And they are imposters.

In their own minds, at least.

It is common for people to feel self-doubt or a lack of confidence at some point in life, especially when beginning a new challenge, according to Audrey Ervin, Ph.D., associate professor of counseling psychology at DelVal and academic director of the graduate counseling psychology program. Accepting a career promotion, starting a master's degree program, applying for a job or taking a leadership position, for example, may cause individuals to become uncertain about their abilities. Sometimes, though, these concerns plunge deeper, to a life-altering level.

In these cases, feelings of unworthiness and fraudulence – of being an imposter – creep in and sabotage the sense of confidence that should come with achievement. When the tug of self-doubt becomes an incessant internal fear of being found out, no matter how numerous or impressive the accomplishments, these high-achievers may experience the potentially debilitating and perpetuating insecurity commonly known as imposter syndrome.

Numerous media outlets – *Time* magazine, NBC News and *Psychology Today*, among others – have consulted Ervin, a licensed psychologist, for her expertise on the phenomenon. She says the so-called imposters are inclined to feel unworthy, particularly when they begin something new, because of their inability to internalize successes. “It’s a pervasive feeling of incompetence,” she says, “that others will find out I’m a phony, a fake, a fraud.”

Facebook’s Sheryl Sandberg, Supreme Court justice Sonia Sotomayor, award-winning actor Tom Hanks and Nobel laureate Maya Angelou – each the epitome of professional success – were among those included in *Entrepreneur.com*’s November 2017 list “Leaders, Entrepreneurs and Celebrities Who Have Struggled with Imposter Syndrome.”

The term “imposter phenomenon” surfaced in 1978 when academicians Pauline Rose Clance and Suzanne Imes published the results of their research on high-achieving women who were plagued by feelings of “intel-



Graduate counseling psychology student Stephanie Dunn, Dr. Ervin

The popular press often notes that 70 percent of people will experience at least one episode of imposter phenomenon in their lives, as cited in the *Journal of Behavioral Science* in 2011. Ervin believes widespread valid studies have yet to be done, but in her own narrow research, specifically on her graduate students, she has found a disproportionately high number of them – 95 percent – report feelings characterized by imposter syndrome.

When Stephanie Dunn was applying to Ervin’s master’s program in counseling psychology, she sat before a panel of professors with a few other students and thought,

“I’m never going to make this happen. These people are brilliant. How can they consider me?” The self-doubt persisted when Dunn, who was returning to school after maintaining a successful practice as a life coach, received notice that she was accepted into the program. She remembers thinking, “They’re wrong; I’m not capable of carrying this out.”

Now on track to complete her master’s degree in

May, Dunn says imposter syndrome has plagued her through-

out her life. What, then, compelled her to apply to graduate school in spite of the self-perceived risk that she would be discovered as a fraud?

Dunn, who presented on imposter syndrome at the Pennsylvania Counseling Association’s annual conference this past year, says the high-achieving mentality of those with the phenomenon, including herself, drives them forward. “If I just do this one more thing, I won’t be an imposter,” she says of the thought process. “Imposter syndrome can sometimes get stronger as you achieve more. If I keep achieving, it will cover up that I am a fraud and really don’t belong here.”

Self-described imposters never see their successes as enough, though, and as the cycle perpetuates, it can significantly interfere their lives. Ervin notes these signs:

- Perfectionism. The unattainable ideal paired with strong self-criticism can push people to overwork and burn out.

“IT’S A PERVASIVE FEELING OF INCOMPETENCE,” ERVIN SAYS, “THAT OTHERS WILL FIND OUT I’M A PHONY, A FAKE, A FRAUD.”

lectual phoniness,” despite their many academic and professional accomplishments (Psychotherapy: Theory, Research and Practice). Ervin believes “perceived fraudulence,” the descriptor used in 1991 by Yale’s John Kolligian and Robert J. Sternberg in the *Journal of Personality Assessment*, is a more accurate way to explain what she identifies as the “pattern of feeling incompetent and inadequate by high-achieving individuals, despite their objective successes.”

SELF-DESCRIBED **IMPOSTERS** NEVER SEE THEIR SUCCESSES AS ENOUGH, THOUGH. AND AS THE CYCLE PERPETUATES, IT CAN SIGNIFICANTLY INTERFERE THEIR LIVES. ERVIN NOTES THESE SIGNS:



PERFECTIONISM

The unattainable ideal paired with strong self-criticism can push people to overwork and burn out.



ALL-OR-NOTHING THINKING

Self-assessment as a total success or a total failure can inhibit positive behavior and contribute to low self-confidence.



SUPER POWERS

The desire to do and be everything to everyone and tightly maintain complete control can disrupt the work-life balance.

- All-or-nothing thinking. Self-assessment as a total success or a total failure can inhibit positive behavior and contribute to low self-confidence.
- Super powers. The desire to do and be everything to everyone and tightly maintain complete control can disrupt the work-life balance.

While neither imposter syndrome nor perceived fraudulence is a clinical diagnosis – Ervin calls them “a constellation of related experiences” – closely related are anxiety-based disorders, ongoing worry of failure, a low ability to self-soothe and a high need for external validation.

Those suffering from perceived fraudulence may recognize these effects and their own irrational thoughts – they are highly intelligent over-achievers, after all – but cannot change their propensity for shame. When left untreated or unresolved, imposter syndrome, with its internalized fraud narrative, prevents individuals from taking advantage of authentic opportunities and extends their fearfulness, self-doubt, low self-trust and psychological distress.

To overcome these feelings, Ervin recommends metacognition and mindfulness.

Metacognition helps people recognize patterns of thinking. In her own private practice, Ervin Counseling and Consulting, LLC, she says, “I ask clients to ask themselves, ‘Does this thought help or hinder

me?’ Just because you think you’re incompetent doesn’t mean you are.” In other words, observe thoughts and emotions without attaching to those thoughts and emotions.

Acceptance and commitment therapy, based on mindfulness interventions, she says, also trains clients to understand and gain internal awareness about their thoughts, feelings and sensations.

Dunn concurs. “It’s that inner conversation that’s almost constantly running rampant in your head: the inner saboteur,” she says. “Mindfulness is about being present





“MINDFULNESS IS ABOUT BEING PRESENT AND ACKNOWLEDGING WHERE YOU ARE AT THAT EXACT MOMENT.”

“I’ll be happy when my boss approves of me” to “I am competent, worthy and good – and shifting from an external locus of control to an internal narrative that is compassionate and self-soothing.”

Twenty years ago, after having achieved advanced degrees early and a perfect 4.0 grade point average, Ervin herself enrolled in a doctoral program with the feeling that she wasn’t accomplished enough to be there. To comfort her anxious graduate students today, Ervin shares her own experience with imposter syndrome.

She knows from personal experience the first thing her new students need to hear when they step into her classroom: “Welcome, you belong here.”

and acknowledging where you are at that exact moment. I can’t always fix it, I can’t always stop it. Just saying, ‘Yep, there it goes again. I got it.’”

Ervin, who earned a certificate in mindfulness from Harvard University in 2017, emphasizes the importance of decreasing the need for external validation – moving from

Freelance writer Molly Harty is the former editor of Saint Joseph’s University Magazine.

MINDFULNESS IN THE MEDIA

You can find Audrey Ervin’s observations on imposter syndrome and other conditions in a variety of media outlets:

BUSTLE: “12 Easy Rituals to Build Back Confidence if People Haven’t Been Treating You Well”

<https://www.bustle.com/p/12-easy-rituals-to-build-back-confidence-if-people-havent-been-treating-you-well-10167061>

NBC NEWS: “How Imposter Syndrome is Holding You Back at Work”

<https://www.nbcnews.com/better/health/how-impostor-syndrome-holding-you-back-work-ncna814231>

TIME: “Yes, Imposter Syndrome Is Real. Here’s How to Deal With It”

<http://time.com/5312483/how-to-deal-with-impostor-syndrome/>

THE PENNY HOARDER: “Take a Deep Breath: Here’s How to Tame Your Financial Stress”

<https://www.thepennyhoarder.com/smart-money/tame-financial-stress/>

PSYCHOLOGY TODAY: “Fight Back Against Imposter Syndrome: How to Reclaim Confidence”

<https://www.psychologytoday.com/us/blog/open-and-diverse/201801/fight-back-against-imposter-syndrome>

REMEMBERING *a Legend*

Dr. Joshua Feldstein

When Dr. Joshua Feldstein passed away last June at the age of 97, the tributes arrived almost immediately, and in great numbers. No surprise, given his lengthy and intimate engagement with DelVal — as an alumnus, faculty member, administrator, president and trustee, Dr. Feldstein left a legacy of achievement and generosity of spirit that anyone will be hard-pressed to match, let alone top. The entire Delaware Valley University community mourns this legendary figure's passing; more importantly, we celebrate his long, impactful life.



Dr. Gallo flanked by Rabbi Lance Sussman (l) and Dr. Feldstein's son Ted Feldstein

“As president, Dr. Feldstein advocated for access and inclusion. He helped admit the first women to DelVal and increased the number of women on the faculty. He made sure the first time I met him to say how proud he was of me for being the first woman president. That meant a great deal to me. Dr. Feldstein was a genuine person, a tremendous ad-

vocate for students at DelVal, and a generous mentor to me and many others. He changed people's lives. What a beautiful legacy.”

-Dr. Maria Gallo-

CURRENT DELAWARE VALLEY
UNIVERSITY PRESIDENT



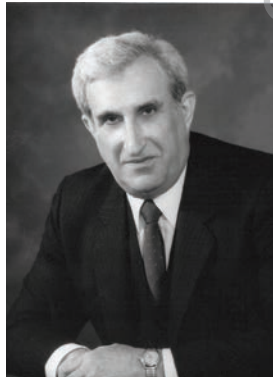
Ted Feldstein



(l-r) Lois Buckman, Warren Buckman '59, Ellen Plog and John Plog '59

REMEMBERING *a Legend*

Dr. Joshua Feldstein



*Dr. Feldstein with former DelVal presidents
Dr. George West and Dr. Joseph Brosnan*

“Dr. Josh Feldstein was a legend at Delaware Valley University. Like our founder, Rabbi Joseph Krauskopf, he was an immigrant

to this country, arriving here with nothing other than hope and willingness to work hard. Both Dr. Feldstein and Rabbi Krauskopf thrived on the opportunities they found in America. However, they never forgot their roots and beginnings, and both, over their lifetimes, gave back much more than they received through their service to DelVal. Their efforts continue to yield benefits to students year after year.”

-Majid Alsayegh-

CHAIR, BOARD OF TRUSTEES

“Dr. Feldstein had a huge impact on me choosing at the time Delaware Valley College in the fall of 1985. I can vividly remember he and his beautiful wife, Miriam, preparing delicious food and her famous cookies and inviting potential students to their home to share the unique character of the institution that he served most of his adult life. Josh always said the students are always number one, and he firmly believed that our mission was to be there for the students, and that was his priority. As an alumnus of the class of 1988, I am very honored to have known Dr. Feldstein through my time as a student, an alumnus and now as a proud Board of Trustees member.”

-Jerry Fritz '88-

TRUSTEE



Elise Feldstein, Dr. Feldstein's granddaughter



Barbara Lyons, Doylestown Township Board of Supervisors



Dr. Feldstein's son Dan Feldstein (c) with well-wishers

“Dr. Joshua Feldstein was my mentor, who led me into a career that took me far beyond my wildest expectations. I met Dr. Feldstein in September 1957 as my professor who taught a freshman horticulture course. I was looking for a mentor who truly cared about me and who looked after my interests and not just their own. When I met Dr. Feldstein I made every attempt to make him feel that the times he spent with me were worthwhile. I learned a lot from him. He contributed much to shaping my life and career.”

-Dr. James E. Diamond '61-

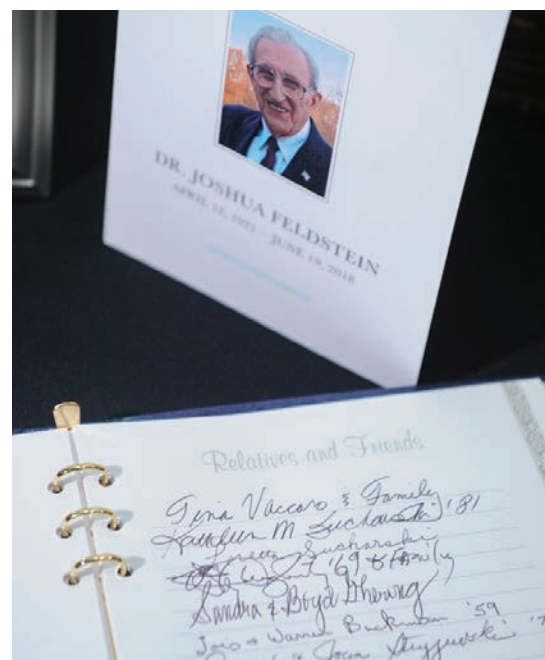
EMERITUS TRUSTEE AND FORMER DEAN



Dr. James Trainer '82, Emeritus Trustee



Ted Feldstein (c) with well-wishers



REMEMBERING *a Legend*

Dr. Joshua Feldstein

“Josh was known for saying, “Do your giving while you’re living,” and that was how he conducted his life – he gave his heart and soul to his beloved institution and his students. His example inspired me to think beyond my initial career goal and to pursue graduate study so I could teach at the college/university level. He was my role model for what a professor could and should be. Dr. Feldstein was a truly great man who will be fondly remembered by many.”

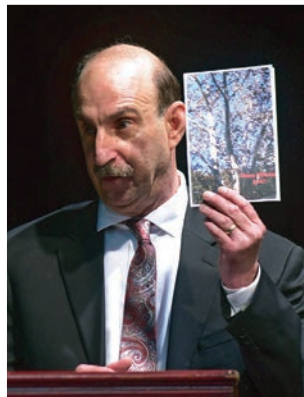
-Dr. Brian A. Kahn '76-



(l-r) Trustee W. Matthew Dougherty '96 and faculty member Howard Eyre with his wife, Joan



Hazzan David F. Tilman (foreground) with Rabbi Sussman



“Dr. Feldstein was a towering presence of a man, gregarious, bursting with knowledge. He had large hands and a firm grip. These hands worked the earth for most of his years. They also conducted research, taught and led the way forward for our institution. Dr. Feldstein’s demeanor always had a touch of urgency to it. This was rooted in the fulfillment of his life’s mission, the stewardship of

Delaware Valley University.

“Dr. Feldstein’s life was the truest embodiment of the American dream and promise. Coming here as an immigrant, his hard work and brilliant mind led him to many great achievements throughout his long career. He was profoundly driven and organized in achieving his goals, and his goals were always the betterment of Delaware Valley University.”

-Jonathan Mandell-

TRUSTEE

1950s

Morton Ballin '50 wrote to say he is grateful for the life experiences he had at his alma mater.

1960s

From left: **David L. Kantner '60**, his wife, **Connie**, and **James E. Diamond '61** enjoying a brief stop on Great Stirrup Cay, Bahamas, while traveling by ship to the

Republic of Cuba in September 2018. Their mission was to observe, photograph and study the rich Cuban heritage.

Ken Lipton '61, board president of the Shavano Conservation District, was named supervisor of the year by the Colorado State Conservation Board and the USDA's Natural Resources Conservation Service. The district was named Colorado Conservation District of the Year for the second straight year. Lipton is an emeritus trustee of the University.

William (Liam) Mitchell '67 and his

wife, **Barbara**, acted in a five-minute film, "Sunset," that was produced to test the market. Due to overwhelming response, the producer and director turned the short film into a feature film in which Mitchell and his wife appear, along with a fantastic cast. One of the cast members was nominated for "Best Actor" at the LA Film Festival. Another film in which Mitchell appeared, "The Depths," won the MFF Award at the Manhattan Film Festival and was optioned for worldwide distribution in April.

outstanding contributor to the event of race walking. Funkhouser also officiated at the 2018 USA Track & Field Masters Indoor Championships, where **Lou Coppens '65** competed, and he and his wife, **Donna**, traveled to Iceland in November

Richard Hoverman '72 retired after 46 years in the landscape industry and 34 years as owner of Autumn Gold Landscapes in Colorado. Hoverman plans to spend time traveling with his wife of 37 years, **Debbie**, and their two dear four-legged friends. He also plans to continue his work as a garden coordinator for the Colorado Garden and Home Show.

John Butler '74 recently retired from the U.S. Environmental Protection Agency (EPA) after a 16-year career as the regional pesticide expert and Pesticide Program coordinator for EPA's Mid-Atlantic Region, whose headquarters is in Philadelphia. Prior to his time with the EPA, Butler retired after a 28-year career with the Ortho Division of the Chevron Chemical, Monsanto and Scotts Miracle-Gro Companies as the regional manager of field research and technical services and manager of the Northeast Research Center in Moorestown, New Jersey.

After 44 years in the mortgage banking industry, including 27 years at Fannie Mae and the last three at HomeBridge Financial, **Alex Saphos '74** retired on August 31, 2018. At Fannie Mae, Saphos was a senior negotiator and senior account manager in the sales and marketing area. At HomeBridge Financial, he was an investor relations advisor.

Sally Colby Scholle '75 was appointed by U.S. Secretary of Agriculture Sonny Perdue to the American Lamb Board for a three-year term. This past spring, Scholle served on the American Farm Bureau Federation Animal Care Committee. She is also on the Pennsylvania Farm Bureau Animal Care Committee. She is the vice president of the Adams County Farm Bureau and serves as policy director for the board. Scholle is a voting delegate during the Pennsylvania

1970s

Ray Funkhouser '72 received the Mike Riban Award at the 2018 USA Track & Field Annual Meeting. The award is given to an



James E. Diamond '61 wrote a new poem, after having his first opportunity to visit Cuba. Below are two excerpts from the poem.

THE REPUBLIC OF CUBA: FRIEND OR FOE?

—By *James E. Diamond '61*

"Cuba is more than just walking in Ernest Hemingway's footsteps or touring his cream-colored Havana home.

Collectively hopeful and optimistic Cuban people are the entryway into Cuba's soul!.."

"In September 2018, here I am! Writing this prose poem while peacefully sailing to The Republic of Cuba on Sirena, an Oceania Cruise Ship.

Long live the Republic of Cuba: hopefully as a dear friend and not as a despised foe."



Photo by James E. Diamond '61 of the Cuban flag proudly flying in Cuba in September 2018.



Sally Colby Scholle '75

Farm Bureau Annual Meeting, and enjoys learning about and working with other members to establish policy for agriculture-related issues.

In addition to raising sheep and goats with her husband in the Gettysburg, Pennsylvania, area, Scholle has been an agricultural journalist for 20 years and writes regularly for several agriculture-focused publications.

"I'm so thankful for the outstanding ag education I received at DelVal, and I apply what I learned there nearly every day," said Scholle. "Although there have been many changes in agriculture since I graduated, the basics remain the same and have provided me with a set of skills that allow me to continue learning."

Lydia Berry '77 retired after 40 years with the USDA. As an agricultural marketing specialist in Washington, D.C., Berry developed grade standards, inspection aids and instructions to ensure uniform application and interpretations of the regulations governing inspection. In February 2019, she visited campus to provide a presentation overviewing the federal food inspection system and the Food Safety Modernization Act (FSMA).

Keith Dunning '79 recently celebrated his youngest son's graduation. His son, Robert, graduated from Saint Joseph's University with a B.S. in accounting.

John Lund '79 retired from the USDA after 37 years to start Lund & Associates. He also relocated to Charleston, South Carolina, in 2017 with his wife, Nancy.

1980s

Michael McManiman '81 received the Feeding America 2017 Eastern Region Leadership Award at the Annual Food Sourcing and Operations Conference in Atlanta. He was the senior manager of donor stewardship for Philabundance's food acquisition team at the time of the award. McManiman is currently the sales and marketing director for Sunny Harvest, a locally owned and operated growing co-op in Lancaster County, Pennsylvania.

Jonathan Schantz '88 has been living and working in Southern California for the past five years. He currently works for Medicus Biosciences in Carlsbad as director of clinical development and lives in Orange County with his wife and 14-year-old daughter.

Kevin Seibert '83 and **Deb Seibert '82** attended the Manheim Central Hall of Fame induction. The couple met on campus thanks to their DelVal professor, Rod Gilbert, scheduling them both to work in the sheep barn for work study. Gilbert was an usher at their wedding. Kevin has worked for the Lancaster County Conservation District for the last 21 years and currently serves as the ag compliance program manager.

1990s

Bob Deemer '90 started a new position with Barkman Honey as the general manager of its new plant in Victor, New York. Deemer has been a beekeeper since

Dr. Robert Berthold introduced him to honeybees in 1987, and now his hobby has become his career.

Joan Kinley-Howard '91 was selected to serve on a year detail as the USDA Natural Resources Conservation Service (NRCS) national liaison for the Climate Hubs for the 2018 calendar year. She worked mostly in the soil health area with a focus on holistic farm planning and communicating with NRCS field staff on Climate Hub issues.

2000s

Andrew DeGothseir '09 began working at Swarthmore College and the Scott Arboretum as a gardener in February 2019.

Alicia Hoke '11 started working for Dairy Farmers of America in Reading, Pennsylvania, as a lab technician. She is excited to be closer to campus so that she can attend more events.

Eric V. Lawrence '13 graduated from Iowa State University in Ames, Iowa, with a dual master's degree in landscape architecture and urban design in August 2018.

Jessica Rotondo '17 is a second-year law student at the University of Baltimore School of Law, where she is a staff editor for the law review. She is also a member of the Royal Graham Shannonhouse III Honor Society. She spent summer 2018 as a legal trainee with Project HEAL at Kennedy Krieger Institute, a project that advocates for children with disabilities in regard to their special education rights. She recently published an article in the University of Baltimore Law Review titled "Educating the Next Generation: Is Education a Fundamental Right?" At DelVal, Rotondo was a business administration major and policy studies minor. To read her work, visit ubaltlawreview.com.

Cathleen Plesnarski '18 (Ed.D.) was appointed as Eastern Center for Arts and

Technology's executive director, effective March 18. Plesnarski has served as assistant director for Upper Bucks County Technical School since 2011. Plesnarski was selected from a large candidate pool for her knowledge of career and technical education, her work in curriculum and instruction, and her leadership skills.

Weddings & Engagements

Doug Mason '78 married **Sonja Ghaner** on June 6, 2018, at the Centre Region Active Adult Center in State College, Pennsylvania. The pair met at the senior center in 2015 and felt it was the most appropriate location for their wedding, which was officiated by Rev. Carol Thomas Cissel in front of more than 100 guests. Mason is a retired soil scientist who is active in the Sierra Club and other environmental organizations in Central Pennsylvania.

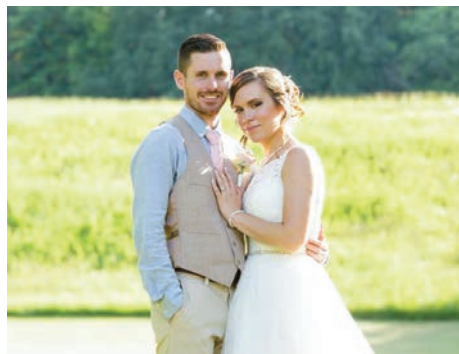
Kim Kancylarz '08 married **Brian McGorty '10** in October 2017. The couple met on campus and have been together ever since. The bride is the development manager at St. Hubert's Animal Welfare Center in Madison, New Jersey. The groom is an information technology specialist for the New Jersey State Police in Trenton. They reside with their three rescue cats in Spotswood, New Jersey.



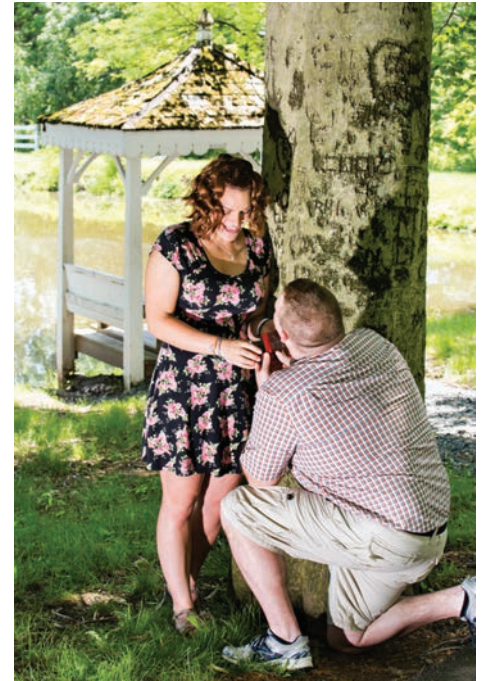
Brian & Kim McGorty



Joseph & Renee Mahoney



Jonathan & Jessica Palmer

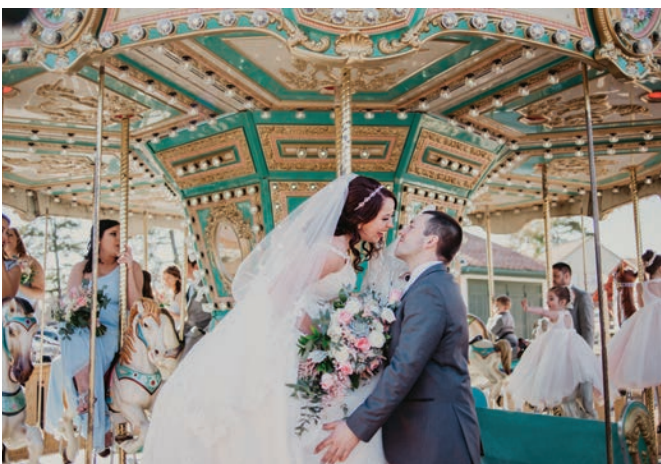


Edward & Jessica Fronckwicz

Joseph Mahoney '12 married **Renee Carr '13** on May 4, 2018. They were both involved in Greek Life on campus.

Jessica Oszvart '16 and **Edward Fronckwicz '16** got engaged on campus at Lake Archer on May 26, 2018. It was only fitting that this next step took place on DelVal's campus, where the pair met.

Jonathan Palmer '10 and **Jessica Palmer '11** were married on June 25, 2016, in Oswego, New York.



James Hegeman '16 married **Amber McCabe '15** at Smithville Inn in New Jersey on March 24, 2018. They were both biology majors and had multiple classes together throughout their time at Delaware Valley University. They were involved in Greek Life and had mutual friends, who strongly encouraged their relationship. A-Day Weekend sealed the deal for the couple. McCabe accepted a job four hours away in Virginia, while Hegeman had a year left of school. But, as the old saying goes, "distance makes the heart grow fonder." The next year held many hours of traveling and weekend adventures between Pennsylvania and Virginia. The couple now resides in Columbia, Missouri. They are both pursuing professional degrees at the University of Missouri and have two dogs, Stella and Zola.

In **Memoriam**

Alfred Furie '52 passed away on Jan. 18, 2018. He was a beloved husband and father. In the 1952 yearbook, Furie was remembered for his radiant smile and his willingness to help his countless friends on campus.



BIRTHS & ADOPTIONS

Deanna Rubino (Otsot) '11 and her husband, **Michael Otsot '12**, had their first child, **Leighton Paisley Otsot**, on Dec. 25, 2018. The couple currently lives in Harpers Ferry, West Virginia.



Oskar H. Larsson '52, Registrar Emeritus



Registrar emeritus Oskar H. Larsson '52 passed away last August at the age of 91.

After earning his bachelor's degree from DelVal, Larsson received a master's in education from Lehigh University. He served as DelVal's registrar for more than 34 years before retiring in 1989.

"Oskar cared about educating students as whole people and, during his time as registrar, he stressed the importance of good citizenship," said President Maria Gallo, Ph.D. "Our most recent Commencement speaker, CNN host Michael Smerconish, was struck by Oskar's dedication to making sure students were prepared to participate as active citizens. He shared his meeting with Oskar in his Commencement speech. As president, I have also had the pleasure of meeting and learning from Oskar, and I will remember his lessons about education. These lessons will be a part of our University's future."

Donations may be made in Larsson's name to the Oskar H. Larsson Scholarship Fund, Delaware Valley University, 700 East Butler Avenue, Doylestown, PA 18901, or Doylestown Presbyterian Church, 127 East Court St., Doylestown, PA 18901.

Coming Up Roses

Ed Copenhaver '75 had "working on a Rose Parade float" on his bucket list since his days as an ornamental horticulture major at DelVal.

He can cross that one off now. Copenhaver fulfilled his dream recently, decorating a float for the 2019 Rose Parade.

"We had a great trip to California and enjoyed volunteering to decorate a float for the Rose Parade," he says. "We spent the majority of our time on the City of Alhambra float, which consisted of a large birdhouse with the title 'Home Tweet Home.'"

The float won the Princess Award, given for the best floral display on a float that is 35 feet or less. The Alhambra design included 34,400 flowers, among them roses, orchids, iris, carnations, straw flowers, split peas, and numerous beans and seeds.

After graduating from DelVal, Copenhaver went on to become president of Stony Bridge Landscaping, in Lebanon, Pennsylvania, where he hired alumni **Donald Becker '77** and **Ray Boltz '87** to work for him.

Copenhaver visited campus in December with William H. Wells of Water Crest Farms Nursery, in West Grove, Pennsylvania. While on campus they presented a horticulture student, **Craig Hart '20**, with a scholarship from the Pennsylvania Landscape & Nursery Association.



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COME HOME TO DELVAL HOMECOMING OCTOBER 12, 2019

Milestone classes of '54, '59, '64, '69, '74, '79, '84, '89, '94, '99, '04, '09 and '14, plus the recently graduated Class of 2018, will celebrate reunions. No matter what your year, all alumni are welcome to return to campus for Homecoming!

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