

Making Research Personal

This assignment is part of the Making Research Personal project, which was supported through the Association for Psychological Science Teaching Fund Microgrants program. If you use this assignment, please credit it appropriately.

LEARNING CHECK-IN: Dr. Daniel (Dan) Gilbert's Interview

Objectives

- ✓ *To learn about the life of a prominent psychological researcher*
- ✓ *To expand awareness of what psychology research looks like*



APA Goals for the Undergraduate Psychology Major (2.0)

GOAL 4: Communication

- 4.1 Demonstrate effective writing for different purposes

GOAL 5: Professional Development

- 5.5 Develop meaningful professional direction for life after graduation

Instructions

View the [interview](#) with Dr. Dan Gilbert and answer the following questions:

1. It was suggested by Dr. Gilbert that researchers owe two things to the public and their collaborators. What are they? What does he mean?
2. Dr. Gilbert has done an extraordinary amount of research on happiness. What does he suggest is the best way to find happiness in difficult times?
3. According to Dr. Gilbert, what are the most challenging aspects of psychological research?
4. What does Dr. Gilbert mean when he says that saying “yes” also means saying “no”? What does he suggest we do with prioritizing obligations?
5. What did Dr. Gilbert discuss regarding his experiences and opinions that resonated with you? Were there areas that surprised you? Explain your answers.
6. Considering Dr. Gilbert’s view of his career, do you believe life as an academic researcher may be a good fit for you? Why or why not?