

Making Research Personal

This assignment is part of the Making Research Personal project, which was supported through the Association for Psychological Science Teaching Fund Microgrants program. If you use this assignment, please credit it appropriately.

LEARNING CHECK-IN: Dr. Kenneth (Ken) Rubin's Interview

Objectives

- ✓ *To learn about the life of a prominent psychological researcher*
- ✓ *To expand awareness of what psychology research looks like*



APA Goals for the Undergraduate Psychology Major (2.0)

- GOAL 1: Knowledge Base in Psychology
 - 1.3 Describe applications of psychology
- GOAL 4: Communication
 - 4.1 Demonstrate effective writing for different purposes
- GOAL 5: Professional Development
 - 5.5 Develop meaningful professional direction for life after graduation

Instructions

View the [interview](#) with Dr. Ken Rubin and answer the following questions:

1. Dr. Rubin described how his background and early cultural experiences influenced his research. How might your background have an impact on your own career trajectory and/or research focus?
2. When talking about the family atmosphere in his laboratory, Dr. Rubin emphasizes the importance of support and connections. He adds it should be fun too. How does his version of research laboratory work compare with your idea of laboratory settings?
3. What advice does Dr. Rubin have regarding the balance of work and life?
4. Dr. Rubin's description of his health issues demonstrate incredible challenges. What has he learned from these challenges, and what messages and advice did he give to viewers?
5. What did Dr. Rubin discuss regarding his experiences and opinions that resonated with you? Were there areas that surprised you? Explain your answers.
6. Considering Dr. Rubin's view of his career and responsibilities, do you believe life as an academic researcher may be a good fit for you? Why or why not?