

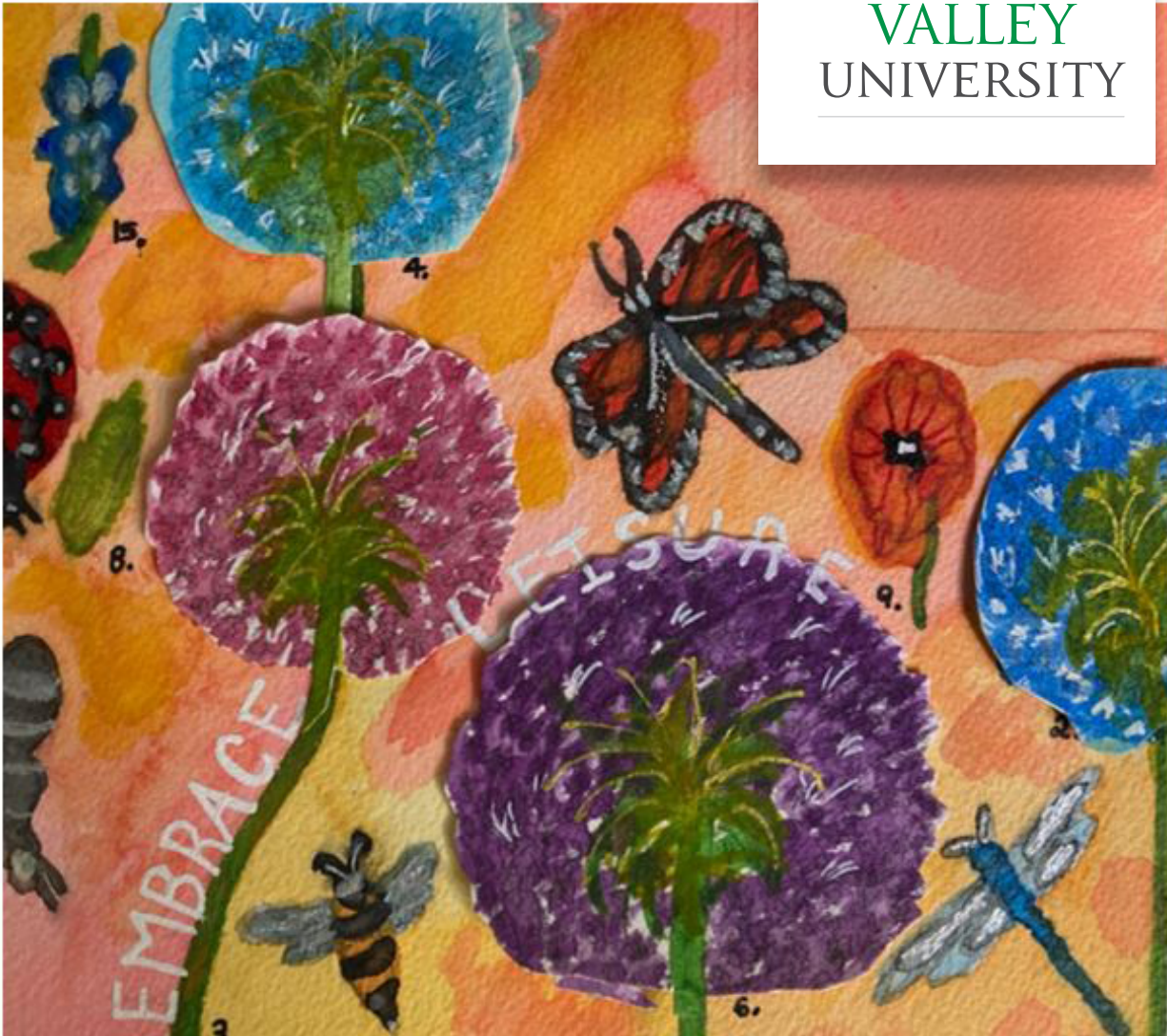


1896

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WATCH • CONNECT • ACT • GARDEN

STRETCH • SOAR • DISCOVER • THINK • LAUGH • PLAY



DANCE • SING • CREATE • BAKE • LEARN • READ • WRITE

LISTEN • SHARE • ENJOY • BREATHE • TOUR • TRAVEL

CENTER FOR LEARNING IN RETIREMENT

Course Guide | Fall 2023

REGISTRATION
OPENS

Aug. 1

COURSE
TERM

Sept. 6 - Dec. 1

FALL TERM: SEPT. 6 - DEC. 1

FALL I: Sept. 6 - Oct. 17

FALL II: Oct. 18 - Dec. 1

Courses will run full terms unless otherwise noted, please see individual course descriptions.

Aug. 1, Noon	Registration opens and is rolling	See registration section for more info.
Aug. 2, 1:30-2:30 p.m.	Online Registration Help Session	RSVP Here
Aug. 9, 1:30-2 p.m.	CLR Virtual Coffee Hour	Q&A Session (invitation to follow)
Aug. 15	Class rosters emailed	Class rosters sent via email
Aug. 15-17	Drop/add period	Instructions sent via email
Oct 9-10	Fall Break	CLR online classes may meet
Nov. 22-24	Thanksgiving Break	No CLR classes

Schedules are subject to change. *ALL TIMES LISTED ARE EASTERN TIME.

FROM THE OFFICE OF CPS

Embrace Leisure! The Center for Learning in Retirement (CLR) at Delaware Valley University (DelVal) has over 90 online course offerings (the most we've ever offered during a fall term), and lots of new courses, which include 24 exclusive virtual, live guided museum tours, trips, adventures, and six DelVal exclusive virtual seminars taught by our gracious 67 volunteer instructors. There is something for everyone! Special thanks to our friends listed on p. 27 for being on board with us this fall!

Take time this fall with us to simply relax, enjoy the moment, and learn something new. Take time to dance, laugh, play, read, connect, garden, meditate, travel, explore, bake, curl up with a bowl of popcorn to watch movie clips with your peers, and more! Take time to be whimsical.

To celebrate the term and the gift of leisure, all Fall 2023 CLR members will receive an exclusive CLR-Branded eco-friendly fun themed coloring bookmark replete with a detachable wildflower seeded leaf mailed to them as part of their membership as well! Wildflowers symbolize joy, lightheartedness, beauty, renewal, happiness, and freedom and they grow best on their own terms at their own leisure.

Help us to continue to spread the word about CLR to friends and your organizations far and wide (please see p. 30 for an electronic/printable flyer). Mark your calendars-Fall online registration will be rolling and opens Tuesday, August 1 at Noon (ET). We look forward to having you join us for a fun-filled term! Let the enjoyment begin!

Elizabeth Hollenbach, CLR Coordinator

CLR ONLINE PROGRAM HIGHLIGHTS

- No age requirement
- No geographic requirement
- No deadline to register, online registration is rolling
- 1 Membership fee per term entitles members to register for an unlimited number of courses on a first-come, first-served basis; courses are not individually priced
- Varying class start dates, durations, and times
- Any smart device can be used (ie. ipad, tablet, laptop, computer, phone)
- Tech support and assistance available via phone through the Center

Please Note: Delaware Valley University is not responsible for any damage or personal injury sustained when a member is participating in any Delaware Valley University activities.

Information/opinions presented in any Center for Learning in Retirement (CLR) courses are those of the instructor(s) and do not necessarily reflect Delaware Valley University's policies or positions. CLR course descriptions and content or instructor biographies are not reviewed for accuracy or approved by the faculty or staff of DelVal. Schedules are subject to change.

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Membership allows access to virtual, live, guided museum tours, trips, and adventures as well as DelVal exclusive virtual seminars. See some of the prior virtual tours: [CLR Virtual Museum Tours.](#)



Learn about benefits of the [online program](#) from CLR instructors Larry Lefkowitz and Sara Weisman-Shein.



Did you know that CLR has a featured radio ad on WRDV-FM's Radio Station? Click [HERE](#) to hear it! Tune in at wrdv.org

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Wildflowers symbolize joy, lightheartedness, beauty, renewal, happiness, and freedom and they grow best on their own terms at their own leisure.

FALL ONLINE COURSES

FALL TERM: SEPT. 6 - DEC. 1

FALL I: SEPT. 6 - Oct.17 FALL II: OCT. 18 - DEC. 1

Courses will run full terms unless otherwise noted, please see individual course descriptions.

DAY	CRN	TIME	INSTRUCTOR	COURSE TITLE	TERM
Mon.	100	9:25-10:40am	Russ Bellavance	Modern Political Thought-Part I	Fall
Mon.	101	9:25-10:40am	Mary Lou Dahms	All Levels Vinyasa Flow Yoga	Fall II
Mon.	102	9:25-10:40am	Alan Freedman	The Amazing Computer Chip (Seminar)	Fall I
Mon.	103	9:25-10:40am	Alan Freedman	The Amazing Computer Chip (Seminar)	Fall II
Mon.	104	9:30-10:30am	R. Newman, Esq.	Know Your Options: Medicaid & Asset Protection Essent...(Seminar)	Fall I
Mon.	105	10:00-10:45am	Elizabeth Luff	Let's Dance!	Fall II
Mon.	106	10:50am-12:05pm	Tom Lashnits	America in the 1960's	Fall II
Mon.	107	11:00am-12:00pm	Carol Moyer	All About Irises! (Seminar)	Fall I
Mon.	108	11:00-12:00pm	Julianna Lange	Moravian Pottery & Tile Works: A Working History... (Seminar)	Fall I
Mon.	109	11:15am-12:15pm	Georgia Donovan	Fashion Icons of the 20th Century	Fall II
Mon.	110	12:15-2:15pm	Beth Lapp	Selling Online: Setting a Starting Price	Fall I
Mon.	111	12:15-2:15pm	Beth Lapp	Selling Online: Setting a Starting Price	Fall II
Mon.	112	12:15-2:15pm	Beth Lapp	Selling Your Stuff on Facebook Marketplace (Seminar)	Fall I
Mon.	113	12:15-2:15pm	Beth Lapp	Selling Your Stuff on Facebook Marketplace (Seminar)	Fall II
Mon.	114	12:15-2:15pm	Beth Lapp	Selling Your Stuff on eBay (Seminar)	Fall I
Mon.	115	12:15-2:15pm	Beth Lapp	Selling Your Stuff on eBay (Seminar)	Fall II
Mon.	116	12:15-2:15pm	Beth Lapp	Selling Your Stuff on Etsy (Seminar)	Fall I
Mon.	117	12:15-2:15pm	Beth Lapp	Selling Your Stuff on Etsy (Seminar)	Fall II
Mon.	118	1:30-2:30pm	W.Bryce Cannon	DelVal's Roth Center for Sustainable Agriculture... (Seminar)	Fall I
Mon.	119	1:30-2:30pm	Karen Ogden	Natural Resource Conservation & Human Health...(Seminar)	Fall II
Mon.	120	1:40-2:55pm	Louise Pulini	Watching Upstream-Great Finds on the Streaming Services...	Fall I
Mon.	121	1:40-2:55pm	John Deitz	Introduction to Oceanography: A Dynamic Approach	Fall
Tues.	200	9:25-10:40am	James Brown	The American Revolution-Part I	Fall
Tues.	201	9:25-10:40am	Glen Maxson	More ChatGPT (Seminar)	Fall I
Tues.	202	9:25-10:40am	Glen Maxson	Battle Drones & Ethical Considerations (Seminar)	Fall II
Tues.	203	9:30-10:30am	Sara Weir	Optimizing Car Safety 101 (Seminar)	Fall I
Tues.	204	9:30-11:30am	Jerry Waxler	The Power of Memoirs: A to Z (Seminar)	Fall II
Tues.	205	10:30am-12:00pm	Jerry Waxler	Express Yourself! How to Tell a Good Story (About Yourself)	Fall I
Tues.	206	10:50am-12:05pm	Michael Martorelli	The Statues in Fairmount Park (Seminar)	Fall I
Tues.	207	10:50am-12:05pm	Michael Martorelli	The Statues in Fairmount Park (Seminar)	Fall II
Tues.	208	10:50am-12:05pm	Kenneth Kuhn	Canals: The First Superhighway	Fall II
Tues.	209	10:50am-12:05pm	Marissa Jacobs	Foraging Foray: An Intro. to Identifying & Using Wild-Edibles...	Fall II
Tues.	210	10:50am-12:05pm	Michael Martorelli	The U.S. Coast Artillery (Seminar)	Fall I
Tues.	211	10:50am-12:05pm	Michael Martorelli	The U.S. Coast Artillery (Seminar)	Fall II
Tues.	212	11:00am-12:00pm	Everett Marshall	Vroom! Vroom! All About Matchbox Cars! (Seminar)	Fall II
Tues.	213	11:00am-12:00pm	Douglas Linde, Ph.D.	The Inside Blade: Common Lawn Care Mistakes Made... (Seminar)	Fall I
Tues.	214	11:00am-12:00pm	Cameron Calista	The North American Beaver—An Ecosystem Engineer (Seminar)	Fall I
Tues.	215	12:15-1:30pm	Lois Silverman	Happy Days Are Here Again: The Films of the 1930s	Fall
Tues.	216	12:15-1:30pm	Larry Lefkowitz	The Sun Records Story	Fall II
Tues.	217	12:30-1:30pm	Suzu Moore	A Splash of Improvisational Théâtre	Fall I
Tues.	218	1:30-2:30pm	Reg Hoyt, Ph.D.	All About Bats! (Seminar)	Fall II
Tues.	219	1:30-2:30pm	Rick Doll	The Inside Stitch: Historic Perkasee's Ties to Sports Hist...(Seminar)	Fall I
Tues.	220	1:40-2:55pm	Victor Bittman	Tablets & Smartphones	Fall I
Tues.	221	1:40-2:55pm	Victor Bittman	Tablets & Smartphones	Fall II

DAY	CRN	TIME	INSTRUCTOR	COURSE TITLE	TERM
Tues.	222	1:40-2:55pm	Christy Lynch	Home Food Preservations Tips (Seminar)	Fall II
Tues.	223	1:40-3:40pm	David Tonkin	Touring London "Propahly!"	Fall I
Tues.	224	1:40-3:40pm	David Tonkin	Touring London "Propahly!"	Fall II
Wed.	300	9:25-10:40am	Alvin Lavoie	Introduction to Photography & Editing	Fall
Wed.	301	9:25-10:40am	Charles Kleeman	The River Thames-Part I	Fall
Wed.	302	9:25am-12:05pm	Jan Marabito	Professional Artists Lecture Series	Fall
Wed.	303	10:00-11:15am	Lisa Knapp Siegel	Mary Knapp's Civil War Love Story (Seminar)	Fall II
Wed.	304	10:50am-12:05pm	Elizabeth Steele	Jane Austen's Pride & Prejudice	Fall
Wed.	305	10:50am-12:05pm	Judi Biederman	Wonderful Wool & Its Role in the Revolution (Seminar)	Fall I
Wed.	306	11:00am-12:00pm	Ethan Kauffman	Stoneleigh: A Natural Garden-The Philadelphia Area's...(Seminar)	Fall II
Wed.	307	12:00-1:00pm	Carolyn Prieto	Standing & Chair Yoga	Fall
Wed.	308	12:15-1:30pm	Janice Jacobs	Preparing Your Garden for Fall	Fall I
Wed.	309	12:15-1:30pm	Larry Lefkowitz	Should I Buy An Electric Car? (Seminar)	Fall I
Wed.	310	12:15-1:30pm	Robert Bencher	Tips for Jumpstarting A New Business	Fall II
Wed.	311	1:30-2:30pm	Leah Smith	Craftsmanship at Glencairn (Seminar)	Fall I
Wed.	312	1:40-2:55pm	Sara Lane	Chocolate Chip Cookie Battle	Fall I
Wed.	313	1:40-2:55pm	Sara Lane	Pie-Tastic Thanksgiving: Adding a Fun Twist...	Fall II
Wed.	314	1:40-2:55pm	John Banger	Jazz Around the World	Fall II
Wed.	315	1:40-3:15pm	Christy Lynch	Gifts From the Kitchen: Homemade Vanilla Sugar and ...(Seminar)	Fall I
Wed.	316	1:40-4:10pm	Scott McLaren	Meet the Beatles	Fall II
Wed.	317	3:05-4:20pm	Bill Lieser	Conversations on Cinema	Fall
Wed.	318	3:05-4:20pm	A. Lee Miller	CLR Book Club	Fall
Wed.	319	3:05-4:20pm	B.Bishop/T.Lashnits	Socrates Café	Fall
Thurs.	400	9:25-10:40am	Eugene Sosnowski	Discussions for Curious Minds	Fall I
Thurs.	401	9:25-10:40am	Gail Donegan	Histiocytom-What?! Medical Terminology 101	Fall I
Thurs.	402	10:30am-12:00pm	Michael Maguire	Full Steam Ahead! John Fitch Steamboat Museum...(Seminar)	Fall II
Thurs.	403	10:50am-12:05pm	Susan Taylor	From A to Z: Birds of the Delaware Canal (Seminar)	Fall I
Thurs.	404	10:50am-12:05pm	Jeanne Litwin	Green Lifestyle Alternatives	Fall II
Thurs.	405	11:00am-12:00pm	Michael Maguire	Aeronautics & the Science of Flight (Seminar)	Fall I
Thurs.	406	12:30-1:15pm	Kellie VonStein	Medicare 101 (Seminar)	Fall II
Thurs.	407	12:30-1:30pm	Vincent Aloyo, Ph.D.	The Inside Comb: Medicinal Properties of Honey (Seminar)	Fall I
Thurs.	408	1:00-2:00pm	Nancy McElwee	Life and Legacy of Pearl S. Buck: A Woman Ahead...(Seminar)	Fall II
Thurs.	409	1:30-2:30pm	Amanda McCall	Civil War Medicine (Seminar)	Fall I
Thurs.	410	1:30-2:30pm	Amanda McCall	Plant Medicine: Then and Now (Seminar)	Fall II
Thurs.	411	1:40-2:55pm	Marissa Jacobs	Scientific Illustration for Naturalists	Fall I
Thurs.	412	1:40-2:55pm	Rick Spector	Philadelphia Oddities (Seminar)	Fall II
Thurs.	413	1:40-3:40pm	David Tonkin	Vietnam: A Closer Look (Seminar)	Fall I
Thurs.	414	1:40-3:40pm	David Tonkin	Vietnam: A Closer Look (Seminar)	Fall II
Thurs.	415	3:05-4:20pm	Rich Parente	Life is Too Short to Drink Bad Wine: Tales from the South Pacific	Fall I
Thurs.	416	3:05-4:20pm	Gregory Kuhn	Goals-Based Investing	Fall
Fri.	500	10:30-11:30am	David Shallcross	Top 10 Senior Scams (Seminar)	Fall I
Fri.	501	10:30am-12:00pm	Michael Maguire	How We Got to the Moon! (Seminar)	Fall I
Fri.	502	12:30-1:15pm	Kellie VonStein	6 Pillars of Brain Health (Seminar)	Fall I
Fri.	503	12:30-1:15pm	Kellie VonStein	Retirement Planning: Strategies for Today & Tomorrow (Seminar)	Fall II
Fri.	504	12:30-1:15pm	Kellie VonStein	Social Security: Understanding Your Benefits (Seminar)	Fall II
Fri.	505	12:30-1:15pm	Sue Delling	Keeping Math in the Equation: X-actly Y & How	Fall I
Fri.	506	1:30-2:30pm	K. Dedeian, Ph.D.	The Inside Cell: Solar Energy Production & Energy...(Seminar)	Fall II
Fri.	507	1:40-2:40pm	Don Tenenblatt	The American Songbook: Discussion & Sing Along-Part I (Seminar)	Fall I
Fri.	508	1:40-2:40pm	Don Tenenblatt	The American Songbook: Discussion & Sing Along-Part II (Seminar)	Fall II

Exclusive virtual, live, guided museum tour, trip, and adventure!
 DelVal Exclusive virtual, live, guided tour, trip, and adventure!

*ALL TIMES LISTED ARE EASTERN TIME

** (Seminar) denotes a one-time class meeting that will provide an overview of and exposure to the topic at hand.

CLR MEMBERSHIP AND CLASS REGISTRATION

\$90 per person for the Fall 2023 Semester

This fee entitles members to register for as many courses as they would like on a first-come, first-served basis that are available at the time of registration.

Check out this step-by-step [Online Registration Video Tutorial](#) to make sure that your registration goes smoothly!

STEP 1: PURCHASE MEMBERSHIP

Visit our [CLR Online Registration Store](#). (Please see below for full link if needed) Select the “CLR Fall 2023 Membership” product, click “add to cart,” and click “check-out.” *Please note that the “CLR Fall 2023 Membership” product will not be available and not appear in the Online Store until online registration opens Tuesday, August 1 @ Noon (ET).*

STEP 2: SELECT COURSES

Now select the available courses you would like to register for that are listed under the Additional Items heading by clicking on the add to cart icons next to the respective courses for which you would like to register.



Each time you add a course, the quantity in the small red bubble in your shopping cart in the upper right corner will increase. Once you are finished making your selection, scroll down to the bottom and click “Continue.” Please note that if a course is full by the time that you register, it will no longer be listed under the Additional Items heading. Courses will be filled on a first-come, first-served basis and members may take as many courses as they’d like so long as seats are available. If you need to make changes to the items you’ve selected in your cart at any time, click the shopping cart icon at the top, right-hand side of the page and adjust as needed.

STEP 3: INPUT CONTACT INFORMATION, REVIEW ORDER, AND SUBMIT

Please complete all required remaining fields in the Buyer, Contact, & Payment information sections. Don’t forget to hit “Continue” after each section. You will then be prompted to enter your payment information. Click “Review Order” when finished, then click “Submit Order.” You should receive via email EITHER one hybrid order confirmation receipt confirming both membership and your classes OR you should receive two separate confirmation receipts-one confirming your membership and another confirming your classes.

All registration requests submitted are final, and only one online registration form may be submitted per member. Changes to the courses you selected can only be accommodated during the drop/add period (Aug 15-17). More info regarding the drop/add process will be communicated via email. Membership Registration for the Fall 2023 Online Program is non-refundable.

Need Help Registering? Please consult our instructional [Registration Video Tutorial](#).

Register for our informational-only, live [Registration Help Session](#) (Wednesday, August 2 from 1:30-2:30 p.m. via Zoom), or call 215.489.4990. We will be happy to assist you with the online payment and registration process and/or register you via phone.

Visit <https://tinyurl.com/CLRregistration> for the registration link

PROGRAM FAQs

The CLR program and all courses will be conducted synchronously (i.e., following the already established and set day/time schedule) live online only. No courses will be held on-site.

What will I need if I am interested in taking online CLR courses this fall?

- A Computer
- Desktop computer with speaker and microphone or with a headset (webcam-optional)
– OR –
- A laptop/tablet (most come with internal webcams and microphones)
Note: accessing courses via a smart phone is not recommended for optimal experience, however, the Zoom app can be downloaded to a smart mobile device
- Internet Access
No Zoom account, prior experience, or special software needed. The Zoom app is free and can be easily downloaded and run.
- Access to Email

How exactly will courses be conducted online?

Instructors have been given basic training by our IT Team in using the free online web conferencing app Zoom and briefed on how to securely conduct their classes. Please note that instructors have been trained in how to adjust their meeting settings so as to achieve maximum security. What's Zoom? Check out this [video](#) for a brief overview (third-party video; not affiliated with DelVal). Classes will have varying capacities. Instructors will be able to share their screens, present PowerPoints and videos, interact with members, and members will be able to interact with each other as well through the platform in live time via audio, chat, or via optional video (webcam). Members will be able to control at all times if they would like to be seen or not via video and control if they would like to be heard or not. Members are able to easily mute and unmute their microphones with the click of a button and are able to enable and disable their webcams, if applicable, at any time. Please note that most laptops come equipped with internal webcams and internal microphones. No need to purchase any extra equipment unless you are using a desktop computer and do not have speakers and a microphone, a headset, or a webcam (only if you would like to be seen). Even if you do not have a webcam, you will still be able to see the instructor's presentation.

How will members access the courses?

Prior to the start of their courses, instructors will email their class members the following:

- Class-specific link to join their Zoom meeting
- Class Class-specific meeting ID
- By clicking on the link and inputting the meeting ID, members will be able to access the course(s). Check out this [video](#) for a sneak peak to see how easy it is to join a Zoom Meeting (third-party video; not affiliated with DelVal).

Are there any resources that can help me with Zoom if I'm having trouble?

Yes. Prior to the start of the semester, registrants will be provided with a quick start guide which includes helpful video links to familiarize themselves with how to join Zoom meetings and how to navigate Zoom. Current Fall 2023 CLR members will also be invited to a Virtual Coffee Hour (August 9 with an invitation to follow) which will serve as an open forum for members to join instructors and fellow members and have their questions addressed prior to the start of the semester. Also, two large optional Zoom test runs will be conducted prior to the start of the term and each instructor will conduct a brief test run 15min immediately prior to the start of their first classes to ensure that everything runs smoothly prior to the start of the term and first class. If issues arise during a Zoom test run, members are to contact their instructors directly to describe the issue. Instructors will collaborate with our volunteer troubleshooting aids to help resolve any technical issues. These troubleshooting aids are volunteer CLR members who have extensive career backgrounds and experience in technology and online teaching and learning.

Please note: The University's IT Team will NOT be available to assist CLR with troubleshooting issues should any arise due to the University's high demand of needs at this time. CLR members and instructors will not be permitted to contact the University's IT Team.

COURSE DESCRIPTIONS

MONDAY CLASSES

100 Modern Political Thought-Part I

Mondays, 9:25-10:40am | Fall

Instructor: Russ Bellavance

In this survey course, we will discuss the development of modern political philosophy from Machiavelli through the 18th century Enlightenment; the 19th century foundations of classical liberalism, utilitarianism, socialism and communism; the early 20th century clashes of international communism and national socialism; the post-World War II growth of social democracies; and the late 20th century emergence of Post-Modernism and its rejection of the Enlightenment Project.

101 All-Levels Vinyasa Flow Yoga

Mondays, 9:25-10:40am | Fall II

Instructor: Mary Lou Dahms

Now breathe. Vinyasa is a style of yoga in which the practitioner moves seamlessly from one pose to the next, guided by breath. This class will begin with a short centering and breathing sequence and meditation, followed by a warm-up, and a series of standing poses, hip openers, backbends, twists and forward folds. It will conclude with inversions, a cool down, and a closing sequence as well.

[Note: Modifications will be offered for all poses to accommodate participants of all levels and abilities. Members should have a mat and yoga blocks handy for class; bolster optional.]

102 The Amazing Computer Chip (Seminar)

Monday, September 18 | 9:25-10:40am

Instructor: Alan Freedman

Everyone hears about computer chips, their ubiquity, and their shortage, but very few people actually understand how magical the chip really is. In this seminar, you will learn about the most extraordinary technology that has dramatically changed the world. Are you ready to plug in?

103 The Amazing Computer Chip (Seminar)

Monday, October 30 | 9:25-10:40am

Instructor: Alan Freedman

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

104 Know Your Options: Medicaid & Asset Protection Essentials (Seminar)

Monday, October 9 | 9:30-10:30am

Instructor: Richard Newman, Esq.

Having a good estate plan does not mean that you have a good asset protection plan. What is a good asset protection plan? Join Richard Newman, Esq. in this seminar to learn some tips and options regarding this topic and related topics.

[Note: This seminar is for personal enrichment purposes only.]

105 Let's Dance!

Mondays, 10:00-10:45am | Fall II

Instructor: Elizabeth Luff, Moving Studios

Variety is the spice of life! And "motion is lotion," in the words of orthopaedic surgeon, Nicholas DiNubile, MD. These are the themes of Let's Dance! We will warm up carefully to music, dance to songs, and cool down to more music. Movements will be repeated each class and routines will be introduced. But the idea really is to move the body in a variety of ways—move your own body your own way. Let's Dance!

106 America in the 1960's

Mondays, 10:50am-12:05pm | Fall II

Instructor: Tom Lashnits

The 1960's was a decade full of turmoil and change. In this course, we will explore Kennedy, Johnson, Civil Rights, Vietnam, and other topics that define this turbulent era, with original video clips to bring key events to life. We'll discuss some of the important issues of the times, including how they relate to today and how our views have changed.

107 All About Irises! (Seminar)

Monday, September 11 | 11:00am-12:00pm

Instructor: Carol Moyer

Did you know that Irises symbolized hope, wisdom, trust, and valour in the Victorian times? This brief seminar will provide an overview of how and why you should invite Irises to your next garden party! The structure of the Iris, how they grow, the needs of the bearded Iris, different Iris types that bloom from April until Fall, and many more facets of Irises will be discussed and cultivated in this seminar.

108 Moravian Pottery & Tile Works: A Working History Museum Tour

Monday, October 2 | 11:00am-12:00pm

Instructor: Julianna Lange, The Tileworks of Bucks County

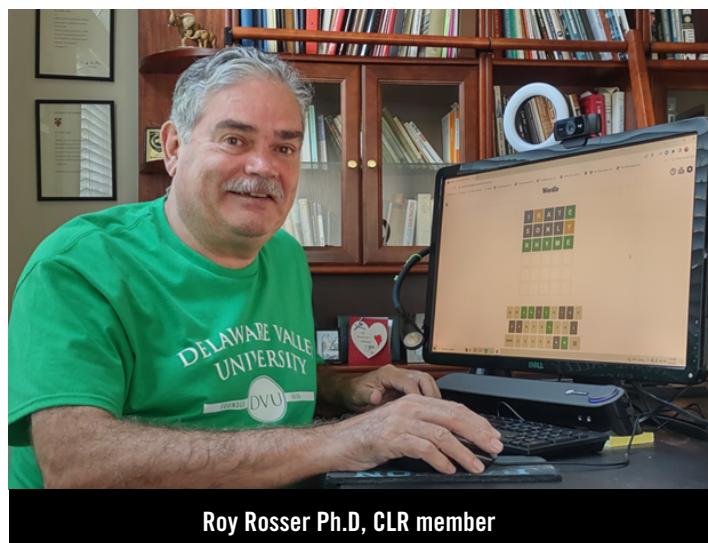
Dive into the world of Mercer. Explore the concrete building and historic workshops that lay throughout the grounds. Watch our craftsmen as they turn wild Bucks county clay into Mercer tiles & more in this first-hand virtual tour of the Moravian Pottery and Tile Works Museum-a well-loved Bucks County tourist attraction and gem!

109 Fashion Icons of the 20th Century

Mondays, October 23 & 30; November 6 & 13 | 11:15am-12:15pm

Instructor: Georgia Donovan

Lights, camera, fashion! In this course, we will delve into the men and women who had influenced and created fashion, from the 1920's to the present, with special emphasis given to the women who had defined style and defied convention. Beginning with the high priestess of fashion, Coco Chanel, whose "little black dress" became a fashion staple through Audrey Hepburn, Grace Kelly, Jackie Kennedy, Katherine Hepburn, and Madonna, we will learn what made them so unique. Male trendsetters including Cary Grant, Marlon Brando, James Dean, and George Clooney will also be explored. These trendsetters whose own personal spin on basic wardrobe pieces in a man's closet put some of them on the "best-dressed" list for many years. Also included in this class is an exercise on how to clean out your own closet, make the most of your own clothes, plus how to build a timeless wardrobe with the foundation of five easy pieces.



Roy Rosser Ph.D, CLR member

110 Selling Online: Setting a Starting Price

Mondays, September 11 & 18 | 12:15-2:15pm

Instructor: Beth Lapp

Would you like to sell something online (or at least know how it's done) but have no idea what your item is worth? The first rule-of-thumb is that your item's value is rarely equal to the maximum amount for which a similar item is currently selling. This course will focus on determining if your item is salable, and, if so, how to come up with a reasonable asking price.

[Note: Course content reflects computer-based activities. Although there are cell phone apps for each marketplace, display and functionality are rarely the same. No prerequisites required, all are welcome. If you have previously attended "Selling Your Stuff on the Internet," this course can be a helpful refresher. The Center for Learning in Retirement at Delaware Valley University is not dealer/trader and classes are for personal enrichment purposes only.]

111 Selling Online: Setting a Starting Price

Mondays, October 23 & 30 | 12:15-2:15pm

Instructor: Beth Lapp

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

112 Selling Your Stuff on Facebook Marketplace (Seminar)

Monday, September 25 | 12:15-2:15pm

Instructor: Beth Lapp

Would you like to sell something online at Facebook Marketplace (FBM), or are you simply curious about how it is done? This seminar will walk you through the basics of finding and joining FBM buy-sell groups, creating and maintaining a listing, and fulfilling an order. Privacy and security precautions will also be discussed.

[Note: Course content reflects computer-based activities. Although there are cell phone apps for each marketplace, display and functionality are rarely the same. No prerequisites required, all are welcome. If you have previously attended "Selling Your Stuff on the Internet," this course can be a helpful refresher. The Center for Learning in Retirement at Delaware Valley University is not dealer/trader and classes are for personal enrichment purposes only.]

113 Selling Your Stuff on Facebook Marketplace (Seminar)

Monday, November 6 | 12:15-2:15pm

Instructor: Beth Lapp

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

114 Selling Your Stuff on eBay (Seminar)

Monday, October 2 | 12:15-2:15pm

Instructor: Beth Lapp

Would you like to sell something online at eBay marketplace, or are you simply curious how it might be done? In this seminar, we will discuss how to choose between running an auction and listing at a set price, how to create and maintain a listing, as well as how to fulfill an order. Privacy and security precautions will also be discussed.

[Note: Course content reflects computer-based activities. Although there are cell phone apps for each marketplace, display and functionality are rarely the same. No prerequisites required, all are welcome. If you have previously attended "Selling Your Stuff on the Internet," this course can be a helpful refresher. The Center for Learning in Retirement at Delaware Valley University is not dealer/trader and classes are for personal enrichment purposes only.]

115 Selling Your Stuff on eBay (Seminar)

Monday, November 13 | 12:15-2:15pm

Instructor: Beth Lapp

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

116 Selling Your Stuff on Etsy (Seminar)

Monday, October 9 | 12:15-2:15pm | Fall I

Instructor: Beth Lapp

Etsy marketplace specializes in "handmade by you" and vintage items only. Regardless of whether you have one or many items to sell, you will be required to first open a shop. This seminar will walk you through the basics of designing your store, creating and maintaining listings, as well as fulfilling an order. Privacy and security precautions will also be discussed.

[Note: Course content reflects computer-based activities. Although there are cell phone apps for each marketplace, display and functionality are rarely the same. No prerequisites required, all are welcome. If you have previously attended "Selling Your Stuff on the Internet," this course can be a helpful refresher. The Center for Learning in Retirement at Delaware Valley University is not dealer/trader and classes are for personal enrichment purposes only.]

117 Selling Your Stuff on Etsy (Seminar)

Monday, November 20 | 12:15-2:15pm

Instructor: Beth Lapp

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

HONEY is one of the many products produced at DelVal's Roth Center for Sustainable Agriculture.



What else does the Center produce? What are the benefits of honey? Be sure to tune into the insightful DelVal exclusive seminars led by DelVal faculty and staff this term to find answers to questions on these topics and many more. You will be sure to learn first-hand something new about the rich agricultural history and mission of the University that you did not know before!

118 DelVal's Roth Center for Sustainable Agriculture: A Virtual Tour (Seminar)

Monday, September 18 | 1:30-2:30pm

Instructor: William Bryce Cannon

Did you know that one of DelVal's satellite farm locations consists of The Roth Center for Sustainable Agriculture, which is located in North Wales, PA? The Center serves as a living laboratory space for DelVal's major in Sustainable Agriculture and even houses a student-run farmer's market, in which fresh produce and seasonal fruits grown at DelVal's many sites are sold. Tune in to this insightful seminar to learn more about the Center's unique history, farming equipment, and its udder commitment to sustainability first-hand. Lettuce explore!

119 Natural Resource Conservation & Human Health-Connections, Analogous Relationships, & More!

Monday, November 13 | 1:30-2:30pm

Instructor: Karen Ogden, Bucks County

Conservation District

What can cardiovascular health teach us about our waterways? Obstructions in both arteries and streams impact flow – with similar effects. Can our nervous system help us to understand soil health? Emerging science shows us that plant communities interact through a network of fungi, similar to how neurons synapse in our nervous system. This seminar will be a light-hearted conversation about how we can look at the natural world through a lens of our own health. How do we treat chronic conditions? Are there short-term fixes while we seek long term solutions to environmental problems? You won't want to miss out on this informative seminar which will keep your neurons firing for more!



120 Watching Upstream-Great Finds on the Streaming Services and Cable

Mondays, 1:40-2:55pm | Fall |

Instructor: Louise Pulini

Be sure to sit back and relax with a bowl of popcorn! This course will focus on great finds the instructor has watched on the various streaming services and cable and interactive discussions will be fostered. Each class will focus on a particular genre or category of media such as foreign films, independent films, domestic series, comedy, cooking, and more! Clips and synopses will be provided as well.

121 Introduction to Oceanography: A Dynamic Approach

Mondays, 1:40-2:55pm | Fall |

Instructor: John Deitz

We all love the shore, wave watching, the beach, contemplating the forces that shape the land and move the water and air and provide habitat for marine life. This course will consider the way in which these forces of nature give rise to the waves and tides which then transfer the energy deep into the water so as to produce ocean currents, mix water, and ultimately provide food for ourselves and aquatic and marine organisms. The dynamic, symbiotic, and cyclical relationship between the ocean and the atmosphere will also be examined and surveyed.

TUESDAY CLASSES

200 The American Revolution-Part I

Tuesdays, 9:25-10:40am | Fall |

Instructor: James Brown

Calling all aspiring historians! Battles of the American Revolution included Lexington and Concord, Bunker Hill, Saratoga, Long Island, & Trenton to name a few. This course will cover various facets of the Revolution including, but not limited to, areas leading into conflict, preparation and issues on both sides and the initial battles through Trenton.

201 More ChatGPT (Seminar)

Tuesday, October 3 | 9:25-10:40am

Instructor: Glen Maxson

In this informative and engaging seminar, we will discuss the ethical and intellectual implications of OpenAI's ChatGPT, Google's Bard, and Microsoft's Sydney/Bing artificial intelligence marvels, & more!

[Note: No prerequisites required. All are welcome.]

202 Battle Drones & Ethical Considerations (Seminar)

Tuesday, November 7 | 9:25-10:40am

Instructor: Glen Maxson

In this seminar, we will delve into battle drones and the ethical considerations surrounding their use. We will tackle such questions including, but not limited to "How has the use of this technology evolved in recent years? What are some ways we can detect, protect, and surveil ourselves against potential threats?" Come explore and let your thoughts take flight.

203 Optimizing Car Safety 101 (Seminar)

Tuesday, September 26 | 9:30-10:30am

Instructor: Sara Weir, AAA

This seminar is designed to provide participants with the knowledge and education needed for staying safe on the roads. Topics to be discussed include, but are not limited to, how to properly fit in your vehicle and how to stay alert and safe while avoiding distractions and more. Be sure to buckle up for some great safety tips!

204 The Power of Memoirs: A to Z (Seminar)

Tuesday, November 28 | 9:30-11:30am

Instructor: Jerry Waxler

In this seminar, we will look closely at the genre of memoirs and uncover their purpose, significance, & more. We will discover that this genre is the focal point for expressing one's courage, self-understanding, and art of storytelling. Tune in for an insightful seminar!

205 Express Yourself! How to Tell A Good Story (About Yourself)

Tuesdays, 10:30am-12:00pm | Fall I

Instructor: Jerry Waxler

Calling all aspiring storytellers! We all love a good story. And we all have lived lives. This workshop will show you just how to weave these two seemingly unrelated facts into a writing hobby that can make your retirement years sparkle with energy. By learning simple principles, you will be able to use storytelling as a lens through which your own (and other peoples') lives can be conveyed and shared. If you are new to this hobby or attuned to it, come share, listen, and learn!

206 The Statues in Fairmount Park (Seminar)

Tuesday, September 12 | 10:50am-12:05pm

Instructor: Michael Martorelli

Within the two thousand acres of Fairmount Park that straddle the Schuylkill River in West Philadelphia lay dozens of statues, busts, and monuments. They depict people, animals, scenarios, and abstracts as imagined or designed by sculptors and artists from around the world. In this seminar, we will take a closer look at the stories behind many of these sculptures as we take a virtual tour through sections of the Park that many of us have seen but maybe not really noticed. You won't want to miss out on this informative seminar!

207 The Statues in Fairmount Park (Seminar)

Tuesday, November 7 | 10:50am-12:05pm

Instructor: Michael Martorelli

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

208 Canals: The First Superhighway

Tuesdays, October 31; November 7, 14, & 21 |

10:50am-12:05pm

Instructor: Kenneth Kuhn

This course will discuss the construction of the Erie Canal, Pennsylvania Main Line Canal, and the Saint Lawrence Seaway Project as well as the social and economic impact of these respective canals on surrounding areas during these times. Come learn, listen, & explore!

209 Foraging Foray: An Introduction to Identifying & Using Wild-Edibles in the Kitchen

Tuesdays, 10:50am-12:05pm | Fall II

Instructor: Marissa Jacobs

Discover the natural bounty in your own backyard and community in this introductory course to foraging! You will learn how to identify various local plant species, including trees, shrubs, flowers, and fruits, prior to taking a dive into ecosystem connections and foraging etiquette. You will be given opportunities to explore your community in search of wild-edibles and learn how to prepare and use plants in the kitchen to create drinks, desserts, and side dishes using in-season flowers and foliage.

210 The U.S. Coast Artillery (Seminar)

Tuesday, September 19 | 10:50am-12:05pm

Instructor: Michael Martorelli

From the time of the Country's founding to the end of the Korean War, members of the United States Coast Artillery manned a network of armed fortifications to defend the twelve thousand-mile coastline along the Atlantic, Pacific and Gulf Coasts. These installations were our frontline defense against any attack(s) from the sea. None of them ever needed to fire their guns in anger against an enemy warship. But that fact should not obscure the efforts of the thousands of men and women whose vigilance lent a degree of safety and security to the millions of Americans living and working along the Country's shorelines. Tune in to find out more about these networks.

211 The U.S. Coast Artillery (Seminar)

Tuesday, November 21 | 10:50am-12:05pm

Instructor: Michael Martorelli

Please see immediately prior course listing for course description.

[Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.

212 Vroom! Vroom! All About Matchbox Cars! (Seminar)

Tuesday, October 31 | 11:00am-12:00pm

Instructor: Everett Marshall, Matchbox Road Museum

Ever wonder how famous, well-loved Matchbox cars got their name? Well be sure to tune in to learn about not only how these iconic toys were named but also to learn about their history and evolution throughout the years in this insightful seminar. This seminar will be sure to keep you on the move and rolling for more! Let's go!

213 The Inside Blade: Common Lawn Care Mistakes Made By Homeowners (Seminar)

Tuesday, September 12 | 11:00am-12:00pm

Instructor: Douglas Linde, Ph.D.

Have you ever wondered what contributes to a healthy lawn and turf? In this presentation, members will learn firsthand about common mistakes homeowners and lawn care companies make in caring for a lawn and subsequently how to avoid them. The topic will lead in to a series of discussion topics and time for Q & A.

214 The North American Beaver--An Ecosystem Engineer (Seminar)

Tuesday, September 26 | 11:00am-12:00pm

Instructor: Cameron Calista, Silverlake Nature Center

This seminar will cover three main points about the North American Beaver—the history and near collapse of its species, its anatomy, and finally an explanation as to why they have been deemed “ecosystem engineers.” This seminar will be like no otter!

215 Happy Days Are Here Again: The Films of the 1930s

Tuesdays, 12:15-1:30pm | Fall

Instructor: Lois Silverman

The 1930s were the Golden Age of American Film. This course will explore this decade's great movies using film clips and discussions. Some of the films explored will include: *Frankenstein*, *King Kong*, *It Happened One Night*, *Wuthering Heights*, *The Adventures of Sherlock Holmes*, *Gone with the Wind*, and *The Wizard of Oz*. Some of the stars will include: the Marx Brothers, James Cagney, Rogers and Astaire, John Wayne, Shirley Temple, Mickey Mouse, and Bugs Bunny. BYOP—Bring Your Own Popcorn!

216 The Sun Records Story

Tuesdays, 12:15-1:30pm | Fall II

Instructor: Larry Lefkowitz

“Love is a burning thing. And it makes a fiery ring...” In this course, we will take a look back at the legendary studio where such artists as Johnny Cash, Elvis Presley, Jerry Lee Lewis, and Carl Perkins got their start. The little Memphis Recording Studio became Sun Records and with it changed music forever. Together we will “Walk the Line” and have a look at the beginnings of rock and roll, and enjoy the sounds of long ago. Come listen and enjoy!

217 A Splash of Improvisational Théâtre

Tuesdays, September 12, 19, & 26; October 3 | 12:30-1:30pm

Instructor: Suzy Moore

“Everyone can act. Everyone can improvise. Anyone who wishes to can play in the theater...improv as an actor makes you present in the moment. You listen, you're attentive...” as they say. Calling all actors center stage please! Join me in creating an improvisational théâtre hour. We will use and play traditional improv. exercises and games in our adventure. I look forward to sharing my passion for and a bit of the story of improvisational théâtre with you! Come play along, laugh, and enjoy in this lighthearted class with us!

218 All About Bats! (Seminar)

Tuesday, October 31 | 1:30-2:30pm

Instructor: Reg Hoyt, Ph.D.

Bats are the second largest group of mammals, yet many people ignore them or hold onto myths about them. We will explore the marvelous diversity of bats, their challenges, and why we should all care about their future. Be sure to sink your fangs into this 'spook-tacular' seminar!

219 The Inside Stitch: Historic Perkasio's Ties to Sports History (Seminar)

Tuesday, October 3 | 1:30-2:30pm

Instructor: Rick Doll, Perkasio Historical Society

"Take me out to the ballgame, take me out to the crowd! Buy me some peanuts and crackerjacks!" For many years, all of the major league baseballs were stitched in Perkasio. Additionally, a Perkasio resident redesigned and manufactured softballs leading to the formation of Dudley Sports Corporation. This seminar will tell these stories of Perkasio's place in sports history and more. Calling all sports fans and enthusiasts-this seminar is sure to be a huge hit!

220 Tablets & Smartphones

Tuesdays, 1:40-2:55pm | Fall I

Instructor: Victor Bittman

Want to learn how to really use your tablet and/or smartphone? This course is for you! In this course, you will learn about various applications and how to use them including, but not limited to, how to take and send pictures, how to use the GPS to navigate to new places, plus lots of tips and tricks so you can enjoy your device(s). Start learning how to use your device today!

[Note: All devices are welcome.]

221 Tablets & Smartphones

Tuesdays, 1:40-2:55pm | Fall II

Instructor: Victor Bittman

Please see immediately prior course listing for course description. [Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

222 Home Food Preservation Tips (Seminar)

Tuesday, October 24 | 1:40-2:55pm

Instructor: Christy Lynch

Whether you live in the city or country, in an apartment or on a farm, this seminar will teach you practical steps you can take to store food. In this seminar, you will learn the six types of food preservation techniques, various safe methods of food storage, and the importance of diversifying your food supplies, and tips for best organizing your supply. [Note: This seminar is for personal enrichment purposes only. To learn more about comprehensive food safety practices and earning a comprehensive and official certificate in Food Safety & Handling, please contact your local County's Department of Health.]

223 Touring London "Propahly!"

Tuesdays, September 12 & 19 | 1:40-3:40pm

Instructor: David Tonkin

Legendary poet, playwright, essayist, and even author of the first ever dictionary, Samuel Johnson is forever remembered for saying ... "When a man is tired of London, he is tired of life; for there is in London all that life can afford." Those words are our motivation for this journey that is intended for those who will join me in indulging their hearts, minds and poetic souls in loving, remembering and appreciating some of the sights, sounds, atmosphere, people, tastes and overall ambiance of this totally enchanting place! Whether you have been to London countless times or are still planning to go—this course is for you!

224 Touring London "Propahly!"

Tuesdays, November 7 & 14 | 1:40-3:40pm

Instructor: David Tonkin

Please see immediately prior course listing for course description. [Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

WEDNESDAY CLASSES

300 Introduction to Photography & Editing

Wednesdays, 9:25-10:40am | Fall

Instructor: Alvin Lavoie

Ever wonder what techniques are behind captivating photos? This course is for those who would like to branch out from point and shoot photography on their cell phones. We will work on skills which will allow you to get more out of your digital camera, will discuss how to edit digital photographs, and cover techniques to improve your image compositions, so that you may tell more powerful and impactful stories with your photos. The fundamental tools available in the most common editing software packages (ie. Lightroom, ON1, Luminar, Photoshop Elements, and several others) will be explained and their impact on images demonstrated. We will start with simple global adjustments which affect the overall image (e.g. exposure, saturation and contrast) and work up to local adjustments which adjust selective areas within an image (e.g. brightening and enhancing a dark area of an image selectively).

[Note: Access to a PC computer and to a photo editing software package are needed. Techniques will be demonstrated using ON1 Photo RAW, but all of the techniques covered will be applicable to most other photo editing packages. Instructor has experience with Adobe Lightroom, Luminar, DXO Photolab, and Affinity Photo software as well.]

301 The River Thames-Part I

Wednesdays, 9:25-10:40am | Fall

Instructor: Charles Kleeman

The River Thames is two hundred fifteen miles long from its source through London to the North Sea. Pretend you're walking the Thames Path in this course. Part I will get us to a point somewhere approaching London. Then later, we'll do Part II which will get us to the North Sea. In Part I alone, we'll learn about river hydraulics; locks, dams, and skinny boats; London bridges; mudlarking; famous people; the Inklings; the home of the British Beat; Runnymede; Hampton Court; even before we get to London. Come travel, learn, and enjoy!



Charles Kleeman, The River Thames 301

302 Professional Artists Lecture Series

Wednesdays, 9:25am-12:05pm | Fall

Instructor: Jan Marabito, Technical Assistant:

Dom Visco

For decades, Bucks County's bucolic beauty has long inspired artists to create a plethora of memorable works, and these works have in turn, attracted even more highly talented and contemporary artists to the area, leading it to become an artistic haven. This engaging course, which has been a staple of the program for over twenty-five years, will give you intimate access to this unique network of creative and accomplished artists. You will meet professional artists each week who work in various mediums, will learn first hand from the artists themselves about their work, techniques, lives, accomplishments, and challenges, and you will even have the opportunity to ask the artists questions related to their works. Each class features a different surprise artist some of which are well known, while others are rising stars, yet all are exceptional. Whether you are an aspiring artist or simply enjoy art, in this class, everyone is vicariously an artist and all are inspired. [Note: Ample time is allotted prior to the start of the artist's presentation (10:00am) and immediately following the lecture for questions. You are free to ask anything you would like of the artist!]

303 Mary Knapp's Civil War Love Story (Seminar)

Wednesday, November 1 | 10:00-11:15am

Instructor: Lisa Knapp Siegel, Montgomery Township Historical Society

The Knapp House, located in North Wales, PA, was like a time capsule. The Knapp Family lived there for one hundred sixty-seven years and accumulated many documents, photos and other treasures. But, amongst all those treasures were long-forgotten letters to Mary Knapp—from pre-Civil War to the 1930's, detailing a love story involving a doctor from Georgia, and a surprising twist to the story involving a Confederate POW. Come explore with us as we seek to uncover this hidden story!

304 Jane Austen's Pride & Prejudice

Wednesdays, 10:50am-12:05pm | Fall

Instructor: Elizabeth Steele

Jane Austen novels make use of the marriage plot but yield a much richer array of topics and viewpoints when closely examined. Inside jokes, witty comments by witty characters and some laugh-out-loud moments reward devoted readers. Was Austen a social critic, a feminist, a satirist? Find out by reading *Pride and Prejudice* through 'close reading' with us. In the words of Jane Austen herself, "I declare after all there is no enjoyment like reading!"

305 Wonderful Wool & Its Role in the Revolution (Seminar)

Wednesday, October 25 | 10:50am-12:05pm

Instructor: Judi Biederman, Washington Crossing Historic Park

Due to its unique characteristics, wool was one of the most important fibers for making clothing and household goods in the American colonies. Since then, wool has played a leading role in the story of America, with great domestic and political significance. Be sure to tune in to this insightful seminar to learn more about this verstaile fiber!

306 Stoneleigh: A Natural Garden-The Philadelphia Area's Newest Public Garden (Seminar)

Wednesday, October 18 | 11:00am-12:00pm

Instructor: Ethan Kauffman, Natural Lands

Behind a border of towering trees in the heart of the Main Line in Villanova, PA, a special place grew from

a gentleman's farm to an elegant country estate. Known simply as "Stoneleigh," this spectacular property was later the home of the Haas family for three generations. In 2016, it was donated to Natural Lands, the region's largest and oldest land conservation organization, by the estate of Mr. and Mrs. Haas. Now the newest public garden in the Philadelphia region, Stoneleigh: a natural garden celebrates the beauty of native plants and the importance of biodiversity. Join Stoneleigh Director Ethan Kauffman as he reveals the rich history of the landscape and main house, and provides a sneak peek into the process of creating this community treasure. You will not want to miss this!

307 Standing & Chair Yoga

Wednesdays, 12:00-1:00pm | Fall

Instructor: Carolyn Prieto

Using the power of breath and realizing its relationship to the body, this course will help participants to establish a gentle routine and a flow of postures which are supported and modified to the individual so as to foster healing, health, and joy.

[Note: Modifications will be offered for all poses to accommodate participants of all levels and abilities. Members should have a mat, tennis ball, and preferably cloth band/belt handy for class.

308 Preparing Your Garden for Fall

Wednesdays, September 6, 13, 20, & 27 12:15-1:30pm

Instructor: Janice Jacobs

Calling all gardeners & aspiring gardeners! Learn fall gardening tips including how to cut back fall perennials, harvest seeds, prune, apply compost, plant spring bulbs, design for next year, and more in this insightful course. You will not want to turnip this opportunity!

309 Should I Buy An Electric Car? (Seminar)

Wednesday, September 20 | 12:15-1:30pm

Instructor: Larry Lefkowitz

The personal transportation paradigm is undergoing a huge transformation as certain realities are gaining traction. But that doesn't mean that traditional means are going to suddenly vanish. Do you have reason to buy now? Should it be an EV? What are your concerns? In this seminar, we will weigh the pros and cons of electric vehicles and lay out some facts and prognostications to help with decision-making when considering the purchase of an EV.

310 Tips for Jumpstarting A New Business

Wednesdays, 12:15-1:30pm | Fall II

Instructor: Robert Bencher

Ever wonder about the processes involved in starting a new business? Calling all aspiring entrepreneurs! This course will not only help you to understand the building blocks of starting a new business, but it will make you privy to the many challenges as well. Topics to be addressed will include, but not be limited to, entrepreneurship, operations, strategies, tactics, financing, pricing, market analysis, as well as exiting. Members will also have an opportunity to present and/or discuss their own future business plans within a network of peers. [Note: This course is for personal enrichment purposes only.]

311 Craftsmanship at Glencairn

Wednesday, September 6 | 1:30-2:30pm

Instructor: Leah Smith, Glencairn Museum

Around every corner, visitors to Glencairn Museum encounter stunning examples of early 20th-century craftsmanship. The museum, which is located in Bryn Athyn, PA, contains original works of art created using the raw materials of metal, glass, stone, and wood. Over one hundred artists, architects, and laborers contributed to the construction and decoration of Glencairn, which took more than a decade to complete. Without the efforts of all of them working together, the Pitcairns' remarkable castle-like home could not have become a reality. This seminar will include 360 degree video as well as contemporary and archival photographs to tell the story of Raymond Pitcairn's inspiration and motivation, the design and creation process, and the symbolism that fills each work of art with meaning.

312 Chocolate Chip Cookie Battle

Wednesdays, September 13, 20, 27; October 4 | 1:40-2:55pm

Instructor: Sara Lane

In each of the first three classes of this course, Sara will teach participants how to make a different chocolate chip cookie recipe. Participants will be given the recipes, ingredient and equipment lists, and will be encouraged to bake-along with Sara. For the fourth session, we will discuss how the recipes came out, and try to pick a favorite. You won't want to miss a morsel of this class which will be a real treat!

[Note: All are welcome. All ingredients will be readily available/easily accessible and typically already in your kitchen. Substitution suggestions/recipe modifications will be presented as well (ie. gluten-free requirements, etc.) to accommodate all bakers.]

313 Pie-Tastic Thanksgiving: Adding a Fun Twist to Your Classic Thanksgiving Pies

Wednesdays, November 1, 8, & 15 | 1:40-2:55pm

Instructor: Sara Lane

In each of the three classes in this course, Sara will teach participants how to make a different Thanksgiving Pie recipe—classics but with a twist! We will be making an Apple Crumb Pie, Sweet Potato Pie, and Chocolate Pecan Pie. Participants will be given the recipes, ingredient and equipment lists, and will be encouraged to bake-along with Sara. All will be sure to eat this course right up! [Note: All are welcome. All ingredients will be readily available/easily accessible and typically already in your kitchen. Substitution suggestions/recipe modifications will be presented as well (ie. gluten-free requirements, etc.) to accommodate all bakers.]

314 Jazz Around the World

Wednesdays, 1:40-2:55pm | Fall II

Instructor: John Banger

Jazz was rooted in Africa but took shape in New Orleans—it was a uniquely American art form. Today, jazz can be heard all over the world, much of it originating with American musicians and American ideas but quickly assimilating local themes and influences. In this course, we will listen to jazz from around the world and explore how different countries and cultures each bring their own unique interpretations to the wonderful world of jazz. Come listen, learn, & explore!

315 Gifts From the Kitchen: Homemade Vanilla Sugar and Extract (Seminar)

Wednesday, September 27 | 1:40-3:15pm

Instructor: Christy Lynch

As any baker will tell you, homemade vanilla will make your baked goods award-winning confections! During this demonstration seminar, you will learn how to make both homemade vanilla extract and vanilla sugar. You will learn the difference in vanilla beans and which ones to use for your extract. You will leave this seminar with the knowledge of how to make great gifts to give to your favorite baker, or best yet, to keep for yourself!

316 Meet the Beatles

Wednesdays, 1:40-4:10pm | Fall II

Instructor: Scott McLaren

The Beatles' music communicates to people, it touches them, it is fun and light-hearted, it is serious and cynical, it is frightening and dark; it embraces many preceding genres of music and spins them afresh. Most know the Beatles' hits but few know their story. We'll delve into the rich personalities of a driven but conflicted John, an eager-to-please but private Paul, a money-concerned turned spiritual George and the abrupt late addition Richy (aka Ringo), the emulsifier of the band. We'll discuss how they met as teenagers, how they matured both musically and personally, and how they defined and reflected their time. Finally, we'll discuss the factors that led to their break-up. "The deeper you go, the higher you fly. So come on!"

317 Conversations on Cinema

Wednesdays, September 6, October 4, & November 1 | 3:05-4:20pm

Instructor: Bill Lieser

This course will focus largely on discussing recent films in the "Art House Cinema" genre and the type of independent and foreign films which are shown at County Theater (Doylestown, PA). Prior to each class, members will have watched that class's designated film using one of the many online streaming services. The facilitator will open the discussion with some background information on the director, the actors, and the script, along with some relevant behind-the-scenes information on the making of the film, then the floor will be open for discussion by class participants.

[Note: This class will meet virtually on the first Wednesday of the month of the Fall term, not in consecutive weeks. Usual movie charge applies, depending on subscription, online streaming service used to stream a particular film. Members will be provided with advance notice of each film at least one week prior to each class.]

318 CLR Book Club

Wednesdays, September 13, October 11, & November 8 | 3:05-4:20pm

Instructor: A. Lee Miller

The CLR Book Club reads a wide assortment of books which range from fiction, non-fiction, memoirs, short stories, to best sellers. Participants always leave each book discussion with a greater appreciation for the book we have just discussed. Participants then suggest the books for the next semester's class and then we all vote for our choices.

[Note: This class will meet virtually on the second Wednesday of each month of the Fall term, not in consecutive weeks. Reading list will be provided to participants prior to the first class.]

319 Socrates Café

Wednesdays, September 20, October 18, & November 15 | 3:05-4:20pm

Instructors: Betsy Bishop, Tom Lashnits

Socrates Café is a discussion group which offers members the opportunity to exchange views on social, philosophical, political, and popular issues, based on their own backgrounds and experiences. For example, in the past we've discussed such topics as the consequences of inequality, the importance of friendship, and the meaning of family, to name a few. We encourage a diversity of opinions in an effort to share knowledge and to stimulate personal discovery – and just to enjoy some lively conversation! Facilitators will select the topic for the first session; after that, participants will choose the subjects.

[Note: This class will meet virtually three times throughout the term on the third Wednesday of each month of the Fall term, not in consecutive weeks.]

SAVE THE DATE

**JOIN INSTRUCTORS AND MEMBERS FOR A
VIRTUAL COFFEE HOUR
Aug.9, 1:30-2 p.m.**



**Email invite to follow to Fall 2023
CLR Registrants**

THURSDAY CLASSES

400 Discussions for Curious Minds

Thursdays, September 7, 14, 21, & 28 | 9:25-10:40am

Instructor: Eugene Sosnowski

This class is focused on the world-renowned TED Talks. TED is a global community dedicated to informing, inspiring, and spreading ideas in the form of short, powerful talks by some of the most knowledgeable and inspired thinkers. It is a clearinghouse of knowledge covering topics including science, the environment, technology, medical advances, global issues, and more. After watching a TED Talk together, this is followed by discussion where you can share your experience, ideas, and opinions regarding the talk and subject at hand.

401 Histiocytom-What?! Medical Terminology 101

Thursdays, 9:25-10:40am | Fall I

Instructor: Gail Donegan

Histiocytom-What?! Have you ever heard the name of a disease or malady and wondered what exactly does that mean? Well, this class is for you! It is important to have a working knowledge of medical terminology so that you may best advocate for yourself, loved ones, pets, or even just so that you are prepared if ever you are a contestant on Jeopardy. Having a good knowledge and understanding of Greek and Latin roots and terminology and various maladies of the systems of the body is important so that you can know the right questions to ask medical practitioners and can make well-informed decisions. In this class, participants will delve into Greek and Latin roots, suffixes, and prefixes (word parts), be given an overview of human anatomy, and given tours of the skeletal, muscular, cardiovascular, and lymphatic systems of the body. You won't want to miss out on this informative class!

[Note: This seminar is for personal enrichment purposes only. Please refer to and consult with your medical doctor if seeking medical diagnosis and consultation.]

402 Full Steam Ahead! John Fitch Steamboat Museum-A Virtual Tour (Seminar)

Thursday, October 19 | 10:30am-12:00pm

Instructors: Michael Maguire, Erik Fleischer, John Fitch Steamboat Museum

Did you know that the first steamboat was really invented in Warminster, PA?! Although Robert Fulton is widely "e-steamed" and typically assigned credit for having invented the steamboat, John Fitch had first conceived of the idea prior in Warminster, PA. That's steam! Be sure to tune into this class to learn more about the science behind steam, its link to STEAM (Science, Technology, Engineering, Art, & Mathematics), Fitch's invention, as well as for a virtual tour of the John Fitch Steamboat Museum, Craven Hall Historic Site (Warminster, PA).

403 From A to Z: Birds of the Delaware Canal (Seminar)

Thursday, September 21 | 10:50am-12:05pm

Instructor: Susan Taylor, Friends of the Delaware Canal

Over ninety species of birds can be found along the Delaware Canal as it runs nearly 60 miles from Easton to Bristol, PA. Look up in the sky, look across the hillsides, look along the towpath, look into the water, look down to the river. Birds are everywhere along the Delaware Canal. This seminar will feature the superb work of photographers Carole Mebus and Judy Greger. On an almost daily basis, both walk along the canal towpath catching shots of nature's wonders. This seminar will be a simple visual survey, not a thorough bird identification session. What there will be are magical photos that will pique your curiosity and put you on the lookout for the many types of birds – waterfowl, raptors, song birds, and more – that can be sighted along the Delaware Canal and River corridor and, perhaps, in your own backyard. Join us for an avian adventure!

404 Green Lifestyle Alternatives

Thursdays, 10:50am-12:05pm | Fall II

Instructor: Jeanne Litwin

Are you interested in knowing how to incorporate eco-friendly practices into your everyday activities? This course will broaden your environmental awareness and provide ideas you can use to make green lifestyle choices. We will discuss how to become a green consumer by choosing products and services that are more eco-friendly. We'll share tips on green alternatives to plastic, energy consumption, ways to reduce waste, & more!

405 Aeronautics & The Science of Flight (Seminar)

Thursday, September 14 | 11:00am-12:00pm

Instructor: Michael Maguire, Johnsville Centrifuge & Science Museum

Ever wonder how airplanes which can range from 740lbs to 127,000lbs can actually lift off of the ground and fly at altitudes of 36,000 ft (higher than Mount Everest) and higher?! This seminar will address the elements that make flight possible in the atmosphere and topics including, but not limited to, atmospheric pressure, Bernoulli's Principle, lift and drag, as well as the engines used for propulsion will be discussed. Some hands-on activities will be included as well.

406 Medicare 101 (Seminar)

Thursday, November 16 | 12:30-1:15pm

Instructor: Kellie VonStein, AARP

This seminar will provide an overview of the different parts of Medicare including, but not limited to, coverage, costs, and plan choices. If you are interested in learning more about Medicare, this seminar will provide you with an overview as well as equip you with resources and tools by which you can learn more.

407 The Inside Comb: Medicinal Properties of Honey (Seminar)

Thursday, September 28 | 12:30-1:30pm

Instructor: Vincent Aloyo, Ph.D.

Honey bees are key pollinators, enabling or enhancing food production. In gathering their own food, bees move pollen from flower to flower, allowing plants to produce seed-containing fruits (some of which we call vegetables). They also produce honey which has many medicinal benefits. One such honey, Manuka honey, even has antibacterial, anti-inflammatory, and antioxi-

dant properties. Tune in to this insightful seminar to learn firsthand about the many benefits of prized nutrient-rich honey and what all the buzz is about!

We're not pollen your leg! [Note: This seminar is for personal enrichment purposes only. Please refer to and consult with your medical doctor if seeking medical diagnosis and consultation.]

408 Life and Legacy of Pearl S. Buck: A Woman Ahead of Her Time (Seminar)

Thursday, October 5 | 1:00-2:00pm

Instructor: Nancy McElwee, Pearl S. Buck Museum

This seminar will introduce participants to the life and work of Pearl S. Buck, Pulitzer and Nobel Prize winning author and humanitarian, known not only for the one hundred books she had written, but also for her humanitarian and advocacy works for children with special needs, women, civil rights, and any group who had faced discrimination.

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The Center for Learning in Retirement continually strives to bring its members new and exciting exclusive opportunities for lifelong learning and personal enrichment.

Bee sure to stay in the know and bee part of the hive to take advantage of these unique and exciting member-exclusive opportunities!

As members, you'll be sent CLR Weekly E-Newsletters keeping you informed and in the loop of member-exclusive pop-up opportunities and more.



409 Civil War Medicine (Seminar)

Thursday, September 7 | 1:30-2:30pm

Instructor: Amanda McCall, The Mütter Museum

This seminar will not only provide participants with an overview of the role and practice of medicine in the Civil War, which had included the use of ambulances, specialty medicine, and more, but it will also trace the impact of these early practices on modern medicine.

410 Plant Medicine: Then and Now (Seminar)

Thursday, November 9 | 1:30-2:30pm

Instructor: Amanda McCall, The Mütter Museum

In this seminar, members will learn about the historical uses of plants in medicine beginning with a discussion of their use by healers in eighteenth century America, the period in which Benjamin Rush had proposed to create a garden for medicinal plants at the College of Physicians of Philadelphia. Through three case studies, attendees will not only learn how Euro-American, Indigenous, and African American healers used plants to treat different diseases and ailments, but they will also learn how these practices have effected and influenced the use of plants in medicine today.

[Note: This seminar is for personal enrichment purposes only. Please refer to and consult with your medical doctor if seeking medical diagnosis and consultation.]

411 Scientific Illustration for Naturalists

Thursdays, 1:40-2:55pm | Fall I

Instructor: Marissa Jacobs

How often do you take time to slow down and to observe the natural world around us? We are surrounded by organisms which are laden with intricate details and mystery every day, but do we notice them? Bring out your inner artist and hone your creative skills as you learn the ins-and-outs of botanical and scientific illustration to create beautiful documentation of your ecosystem observations. This class will get you observing and learning how to document the natural world through illustration of organisms such as, but not limited to, seasonal plants, animals, and fungi as well as their relationships and interactions with each other. We'll go over basic artistic techniques, plant & animal ID methods, and follow a step-by-step, scientific illustration process during this course.

[Note: No art or natural science experience is necessary.]

412 Philadelphia Oddities (Seminar)

Thursday, October 19 | 1:40-2:55pm

Instructor: Rick Spector

Learn about the strange and unusual from Philadelphia's history! In this seminar, we will explore Philly "Phirsts," visit our local Motion Picture Hall of Fame, discover the hidden history of the "Slinky," meet our infamous 1950's "atom spy" Harry Gold, and meet the Philly physician who had saved President Grover Cleveland's life, and much more!

413 Vietnam: A Closer Look (Seminar)

Thursday, September 28 | 1:40-3:40pm

Instructor: David Tonkin

By whichever standard one chooses to measure such phenomena, the war in Vietnam was one of the most divisive events of our history. During the period of the USA's involvement, the nation was polarized between whether the country should be involved or should withdraw. Years later the war still polarizes Americans for various reasons. In this seminar, we will take a closer look.

414 Vietnam: A Closer Look (Seminar)

Thursday, November 2 | 1:40-3:40pm

Instructor: David Tonkin

Please see immediately prior course listing for course description. [Note: This course is a repeated section of the same course offered during the Fall I term, not a continuation of the course.]

415 Life is Too Short to Drink Bad Wine: Tales from the South Pacific

Thursdays, 3:05-4:20pm | Fall I

Instructor: Rich Parente

Calling all sommeliers—In this course, we will discuss wines from countries that are in, or border, the Pacific Ocean: Australia, New Zealand, Chile, and more. Come travel and explore.

416 Goals-Based Investing

Thursdays, 3:05-4:20pm | Fall

Instructor: Gregory Kuhn

This course will present an overview of options for potentially allocating investment across multiple asset-class investments (e, stocks, bonds, etc..), emphasize the importance of prioritizing long-term financial goals, as well as examine options for establishing alternative investments in a portfolio, and more.

[Note: The Center for Learning in Retirement at Delaware Valley University is not dealer/trader and classes are for personal enrichment purposes only.]

FRIDAY CLASSES

500 Top 10 Senior Scams (Seminar)

Friday, September 8 | 10:30-11:30am

Instructor: David Shallcross, Office of the Pennsylvania Attorney General

Have you ever received a strange phone call from an unknown number? Who hasn't? Or an email prompting you to take immediate action? This seminar will discuss the ins-and-outs of the top ten senior scams, provide helpful tips and strategies in preventing senior fraud, explain how one can file a complaint, and more! Tune in so as to avoid falling prey to these scams. You will not want to miss out on this informative seminar!

501 How We Got to the Moon! (Seminar)

Friday, September 29 | 10:30am-12:00pm

Instructor: Michael Maguire, Johnsville Centrifuge & Science Museum

"That's one small step for man, one giant leap for mankind"-Neil Armstrong. Using scale models of the Mercury, Gemini, and Apollo rockets and capsules to demonstrate, this seminar will focus on the equipment, developments, as well as choreography which had played critical roles in our successful landing on the Moon. Don't miss out-this seminar will be out of this world!

502 6 Pillars of Brain Health (Seminar)

Friday, September 22 | 12:30-1:15pm

Instructor: Kellie VonStein, AARP

It's never too late to focus on your brain health! In this interactive seminar, you will learn about the six pillars of brain health, activities that support brain health, and hopefully be inspired by others. You will also be provided with information on the latest research on brain health, lifestyle suggestions, and resources to learn more.

503 Retirement Planning: Strategies for Today & Tomorrow (Seminar)

Friday, October 20 | 12:30-1:15pm

Instructor: Kellie VonStein, AARP

Retirement planning doesn't have to be daunting. In this seminar, you will learn tips for determining if you are on track and practical strategies to help you achieve retirement peace of mind. It's never too late to take charge of your financial future.

504 Social Security: Understanding Your Benefits (Seminar)

Friday, November 3 | 12:30-1:15pm

Instructor: Kellie VonStein, AARP

This seminar explains the facets of Social Security (retirement, survivors, and disability benefits), discusses the options for when to claim your retirement benefits, and covers implications of working while collecting benefits.

505 Keeping Math in the Equation: X-actly Y & How

Fridays, October 6 & 13 | 12:30-1:15pm

Instructor: Sue Delling

One question gets asked frequently in math class—When are we ever going to use this? From budgeting to planning an event, completing your tax forms to investing money—math plays an important role. Logical, step-by-step procedures, analytical thinking, anticipating a solution, or constructing a pattern all involve mathematical thought. Before you make a decision, do you write down the pros and the cons, investigate outcomes, research all possible scenarios? Then you are working mathematically. This class will look at real world applications and provide members with an opportunity to try solutions in a non-threatening arena – no grades, no homework, and no pressure. While we are at it, there will be a sprinkling of math fun and some games to lighten the mood.

[Note: No prerequisites required.]



Don Tenenblatt, American Songbook 507/508

507 The American Songbook: Discussion & Sing Along-Part I (Seminar)

Friday, September 15 | 1:40-2:40pm

Instructor: Don Tenenblatt

During this seminar, we will explore and sing examples from over the one hundred year evolution of American Standard including from musical theatre, and other popular songs.

[Note: PDFs of lyrics will be provided in advance. No past music/singing experience is necessary. Fall I and Fall II sections of this seminar will feature different songs.]

508 The American Songbook: Discussion & Sing Along-Part II (Seminar)

Friday, October 27 | 1:40-2:40pm

Instructor: Don Tenenblatt

Please see immediately prior course listing for course description.

[Note: Fall I and Fall II sections of this seminar will feature different songs.]

506 The Inside Cell: Solar Energy Production & Energy Storage (Seminar)

Friday, November 10 | 1:30-2:30pm

Instructor: Kenneth Dedeian, Ph.D.

Watt a hot topic! Have you ever been intrigued by solar panels, solar powered lights, or even wondered just how solar energy can be stored and used to power devices in general? Or what are the benefits, challenges, and future of this renewable energy resource? Well, look no further, this seminar is for you—it will be sure to spark your interest and to brighten and charge your day!

VIRTUAL CLR FALL BASH

THURS., OCT. 26
1:30-2:30 p.m. (ET)

Members are welcome to join us for Halloween-themed movie and song trivia, a Fall/Halloween-themed contest, a virtual bonfire, conviviality, and MORE!

RSVP & more info to follow to CLR Fall 2023 members.



CLR COMMUNITY QUOTES



"Information is right at your fingertips-informative and so convenient and easy to use! Really fun and easy to attend. I didn't even get wet on rainy days!"

~CLR Member

"Nothing comes in the way of me and my CLR online classes!"

*~Cheryll Dearborn,
CLR member*

"We are ALL IN! There are so many classes to choose from. We try to tell everyone how much fun it is!"

*~Brooke & Ron Foley,
CLR Members*

"Thank you for all of the JOY CLR has brought us! We cannot thank DVU CLR enough. All the classes have been marvelous!! The instructors are all engaging, informative and present their passions in a way that captures the essence of each subject matter. OUTSTANDING! Mere words could never adequately describe the positive experience DVU CLR has been for us! Thank you to all who contribute to make this such an outstanding program.

We want to be members forever!"

~The Stoppers, CLR members

"Easy-to-understand technology has provided a bridge to learning and socializing. CLR has been a lifeline! With tech help readily available anyone can join in. Online classes afford a higher degree of participation through a more relaxed atmosphere and enthusiasm for socialization. Instructors and tech support volunteers ensure a smooth experience."

*~Larry Lefkowitz,
CLR Instructor*



"I look forward to getting the online brochure each term-it's like the *Sears Christmas Toy Catalogue* or a candy store for me!"

~CLR Member

INSTRUCTOR BIOGRAPHIES

Aloyo, Ph.D., Vincent has been a Master Beekeeper for over fifty years, has taught as an Adjunct Professor at Drexel University College of Medicine, and is an Adjunct Professor at Delaware Valley University, teaching various courses and community courses including Introduction to Beekeeping, Queen Rearing, and more. He holds a Ph.D. & M.S. in Biochemistry from the University of Tennessee Health Science, as well as a B.S. in Biochemistry from Cornell University.

Banger, John has been a music lover all his life—he had been raised on classical music and developed an interest in jazz as a teenager. He has participated in and taught jazz classes in the Delaware Valley area for more than seven years and spends much of his free time searching out and listening to jazz.

Bellavance, Russ is a recovering lawyer (business law) and a retired social studies teacher, having focused on modern European history, government, and economics. He holds degrees from Tufts University, Yale Law School, and Arcadia University.

Bencher, Robert is a Director for Rules-Based Medicine, Inc. and began his career at Abbott Laboratories, where he had been involved in the development of the first commercially available HIV blood test. He has since held sales, marketing, and strategic consulting roles with several large, mid-size, and early-stage companies, has taught business-related courses for over twenty years, has been involved with three start-up companies, and has been a part of the adjunct faculty at Delaware Valley University. He holds a B.S. in Chemistry from Michigan State University and an M.B.A. in Marketing and Finance from Loyola University of Chicago.

Biederman, Judi is a professional journalist with extensive experience in writing, editing, and publication management. She is a member of the Daughters of the American Revolution, the General Society of Mayflower Descendants, the Colonial Daughters of the 17th Century, and the Order of Eastern Star and also volunteers as a historical interpreter and outreach educator for the Washington Crossing Historic Park, which recently gave her its 2021 Outstanding Leadership Award.

Bishop, Betsy is a retired librarian and holds a B.A. from New York University and an M.L.S. from Long Island University.

Bittman, Victor has forty years of practical experience in information technology in New York financial institutions and can speak in easy-to-understand language.

Brown, James is a graduate of West Point Military Academy and has extensively studied military history. He holds an M.S. in Electrical Engineering from the California Institute of Technology and a M.A. in American History from the University of Pennsylvania.

Calista, Cameron has held various roles at Silver Lake Nature Center from Intern to now Environmental Educator and Assistant Director/Naturalist. He is a recent alumnus of Delaware Valley University and holds a B.S. in Environmental Science. Silver Lake Nature Center is located in Bucks County, PA within the 450+ acre Silver Lake Park—its goal is to inspire connections with nature for people of all ages, interests, and abilities through education, recreation, preservation, research, and advocacy.

Cannon, William Bryce has been the Manager of Delaware Valley University's Roth Center for Sustainable Agriculture, located in North Wales, PA, for over seven years now. Farming has always been in Bryce's family history—even as a child, Bryce had been brought up working in his father's garden and his mother was adamant about canning so that their family could have homegrown food year-round. He has a passion for sustainable and organic farming, which is near and dear to his heart, especially after having witnessed the effects of Agent Orange unfortunately on his late father after the Vietnam War.

Dahms, Mary Lou has been practicing yoga for over twenty years, is a Yoga Alliance certified RYT-200 yoga teacher, enjoys reaping the benefits of and sharing with others the peace and tranquility, as well as the strength and flexibility that yoga affords. She also was a prior student at the School of the Pennsylvania Ballet Company and was a member of the University of Pennsylvania dance troupe. She holds a B.A.



in English, an M.B.A. in Marketing, and an NJ C.E.A.S. in English and Elementary Education.

Dedeian, Ph.D., Kenneth is a Professor in the Chemistry Department at Delaware Valley University and his interests focus on solar energy production and energy storage. He holds a Ph.D. and M.S. in Chemistry from the University of California.

Deitz, John is an active artist working in new media with a deep interest in what makes the natural world tick—his inquiring mind keeps him returning to a variety of subjects. He is an experienced underwater photographer, has taught in the British Virgin Islands, and his photography has appeared in Audubon Books, *The Underwater Photographer*, *Skin Diver Magazine*, *Sea Frontiers*, and more. He has taught diagnostic ultrasound, published articles in medical journals, contributed images and parts of textbooks, has owned and operated four businesses, including Limited Diffraction Optics, and even makes his own telescopes on occasion. He holds a B.S. in Marine Science from Southampton College, Long Island University.

Delling, Sue has over forty years of experience as an educator. Starting as a high school math teacher, Sue spent years teaching math in various settings including as an adjunct professor, online math teacher, and tutor. She has held various positions including elementary principal and assistant high school principal for a charter school and has experience in public, private, and parochial education. Her passion has always been mathematics and her goal for all of her students has been to provide a learning adventure in mathematics that broadens their knowledge and builds their confidence.

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*New members
and instructors
are always
welcome!*



Doll, Rick is the co-curator of the Perkasio Historical Society Museum. The Society founded in 1954, strives to help preserve the history of Perkasio Borough, which is located approximately thirty miles north of Philadelphia, PA. The volunteer organization relies on the support of the community as it cares for four historic venue—the South Perkasio Covered Bridge, the Perkasio Carousel, Perkasio Museum, & the Stout Family Cemetery.

Donegan, Gail is a retired Medical Laboratory Scientist MLS (ASCP), who also holds an American Society for Clinical Pathology Certification. She has fifteen years of experience as an Assistant Professor at Bucks County Community College, thirty plus years of professional experience in health-care and pathology lab settings, including eight years of experience in oncology labs.

Donovan, Georgia has experience working in London as a makeup artist and wardrobe assistant, and as a professional trainer and project manager. She is the author of “Makeup: A Simple Guide to Tips, Tricks and Techniques,” and works with the over 50 woman to help her define her look and wear her makeup for a flattering and youthful appearance. She holds a B.A. in Classical Literature from Brooklyn College.

Fleischer, Erik is the Executive Director of the John Fitch Steamboat Museum, a Museum located at the Craven Hall Historic Site

(Warminster, PA), which houses artifacts, steam-operated models, and more.

Freedman, Alan has experience as a programmer, systems analyst, salesman, and educator for the Honeywell, RCA, and the American Management Association companies. He has been self-employed for the last forty years and is the author of the longest-running tech reference book on the market, which he continually updates.

Hoyt, Ph.D., Reg is an Associate Professor and Co-Chair in the Department of Animal Biotechnology and Conservation at Delaware Valley University. He has diverse experience spanning more than twenty-five years working in zoos and conservation, he has worked extensively in Liberia on projects related to the biological and socioeconomic impacts of the wildlife harvest and has written an elephant conservation action plan for its government. In Pennsylvania, his research projects are focused on conservation issues and have included a captive breeding program to help restore populations of the Allegheny woodrat (*Neotoma magister*). He currently serves as President/CEO of Forest Partners International and is involved with conservation organizations locally, regionally and internationally, including the Lehigh Valley Zoo Board, the Churchville Nature Center Board, the World Conservation Union, among many others.

Jacobs, Marissa is an environmental & conservation educator who blends the arts with science to deepen understanding and build stronger connections between ourselves and the ecosystems of which we are a part. She is an international speaker, award-winning nature photographer & eco-gardener, and a Certified National Geographic Educator. She has ten years of education experience, having taught all ages, yet specializing mainly in adult pedagogy. She is a Delaware Valley University alumna and holds a B.S. in Conservation & Wildlife Management with a focus in Media & Art.

Jacobs, Janice has been a gardener for more than forty years and has successfully developed her own perennial beds in the mountains of Colorado, the humid climate of the south, and the mild climates of Pennsylvania and Ohio. Once a Master Gardener, she is the prior owner and operator of JJGardens—a design, install and maintenance landscape company specializing in shade beds and perennial garden design. She has attended a Horticulture Technology Program at an Ohio community college, is a retired attorney and former federal government employee, and enjoys the fertile gardening potential in the Delaware River Valley.

Kauffman, Ethan is a public garden professional and horticulturist who currently serves as the Director of Stoneleigh: a natural garden—a 42-acre former estate located in Villanova, PA, which opened to the public in May of 2018. At Stoneleigh, he enjoys creating a garden experience that inspires others to garden for beauty, biodiversity, and the health of our planet. Previously, he had served as director of Moore Farms Botanical Garden, where he had led the transition from a private pleasure garden to a non-profit botanical garden.

Kleeman, Charles is retired from the U.S. Environmental Protection Agency and from post-career employment as an adjunct faculty member at Delaware Valley University, having taught environmental remediation courses. He is a graduate of Drexel and Penn State Universities and holds degrees in Civil and Environmental Engineering.

Kuhn, Kenneth has twenty-five years of experience obtaining comprehensive knowledge of organizational operations, having worked for SEPTA in various management positions. He holds a B.S. in Construction Management from Utica University and an M.S. in Safety Management from New York University.

Kuhn, Gregory is First Vice President and a Financial Advisor for Janney, Montgomery, Scott which is located New Hope, PA. He began in the investment field first as a registered representative, then as a registered investment advisor (RIA) and portfolio manager. He has had several articles on technical stock analysis published in trade magazines, has regularly appeared on CNBC, CNN, Fox News Channel, and Bloomberg Television, was widely quoted in The Wall Street Journal and Investor's Business Daily, and has spoken at various investment symposiums throughout the United States and Canada. As a senior financial advisor today, he brings over three decades of experience, having navigated through many economic booms and busts.

Lane, Sara has over ten years of experience baking and a passion for mixing up sugar, flour, & butter! She enjoys sharing her passion for baking with others through teaching, a career which she had begun after first creating delicious treats for local farmers' markets. She teaches all age groups from pre-school to adult, both in-person and online and currently runs an online baking school for teens, Sara Ran Away with the Spoon.

Lange, Julianna is the Director of Education and Events at The Tile Works of Bucks County, which has been America's Tile Maker Since 1898. Between 1911 and 1912, Henry Chapman Mercer (1856-1930) built a National Historic Landmark, the Moravian Pottery and Tile Works to, "master the potter's art and establish pottery under personal control." Mercer's work expressed the ideals of the American Arts and Crafts Movement, and was sought out by leading architects and tastemakers to decorate public and private buildings across the country. Today, artisans continue to master the tile maker's craft, promoting Mercer's ceramic traditions using local clay and his historic designs. TileWorks offers tours, classes, and workshops that inspire making, empower learning, and nurture creativity.

Lapp, Beth is a retired business change consultant with many years of experience selling on the internet. She has owned RescuedObjects, a former vintage online shop on etsy.com and Seller's World, and Buyers Unlimited, a former physical storefront for online consignment sales.

Lashnits, Tom grew up in the 1960's and has worked as a writer, editor, and researcher for Time Inc., Reader's Digest, and other publishers in the New York area, prior to retiring and moving to Doylestown, PA. He holds degrees from Franklin & Marshall College and New York University.

Lavoie, Alvin took advantage of early retirement from a long, successful career in chemistry where he was a research scientist, manager, director, and fellow. He has now refocused his energies into digital photography and is the President of the Doylestown Photo Club, has been a guest lecturer at regional photo clubs and the Doylestown Art League, and has displayed and sold multiple prints at the Doylestown and Tyler Art Fairs.



Lefkowitz, Larry was a technical writer and editor for over forty years, having worked at various companies including Educational Testing Service, Law School Admissions Services, McGraw Hill, Comcast, Motorola, Google, and others. He has freelanced as a writer for a variety of print and online magazines, and now in retirement, he currently hosts a music program on an internet radio station.

Lieser, Bill is a lifelong film fan and student of both American and foreign films—from the silent era to the latest releases from both independent U.S. and world cinema. He has also served on the Board of Directors of the County Theater (Doylestown PA).

CLR FALL COURSE GUIDE

Linde, Ph.D., Douglas is a Professor of Turf Management in the Plant Science Department at Delaware Valley University, teaching several turf management courses, including Golf Course Design and Construction, Land Surveying, Irrigation Technology, and Soils. He is also DelVal's Head Golf Coach, is a golf course and sports field consultant, and he conducts turfgrass research. Dr. Linde holds a Ph.D. in Agronomy from Pennsylvania State University and a B.S. in Agronomy and Environmental Science from Delaware Valley University.

Litwin, Jeanne is an environmental scientist with more than thirty-five years of experience as a consultant to the U.S. Environmental Protection Agency, having addressed the protection of human health and the environment under the Superfund and Land Revitalization programs. As a champion for sustainable practices, she integrated sustainable "green" advancements into the program, focusing on the balance between economic, community, and environmental benefits. In retirement, she earned an environmental communication certification from Duke University and is currently practicing a green lifestyle.

Luff, Elizabeth is a singer and dancer who operates Moving Studios, a company which teaches creative dance and music on-site at preschools. Throughout her career, she has also led a variety of fitness classes for adults including aerobics, slimnastics, Zumba, or whatever you would like to call it! Most recently, her classes mix Latin dance, line dance, fitness moves, low impact aerobics and other dance styles using a variety of music including Latin music, rock songs, New Age Music, and more.

Lynch, Christy is a former adjunct professor, having taught cooking classes at her local community college. She has a passion for home food preservation and food safety, is a former instructor with the United States Agency for International Development, and is an alumna of Delaware Valley University.

Maguire, Michael is the President of the Johnsville Centrifuge and Science Museum, Inc., an organization dedicated to preserving the technological and historic legacy of the Johnsville Naval Air Development Center (NADC). The site of the forthcoming Museum is set to be built in Warminster, PA and the organization plans to develop science exhibits paired with STEM educational programs to enhance the visitor's experience. He recently retired after forty-five years of federal service and has prior experience serving as Director of Software and Quality Assurance for an agency of the U.S. Department of Defense where he had managed a group of more than fifty engineers and had overseen numerous programs including several satellite programs, large radars, and more.

Marabito, Jan moved to Bucks County in 1972, and quickly became a passionate patron of the arts—collecting art and supporting organizations such as the Phillips' Mill, charities, and individuals affiliated with the arts. She studied at Miami University in Ohio.

Marshall, Everett is the owner of The Matchbox Road Museum located in Newfield, NJ, which houses his personal collection of over 60,000 Matchbox cars and trucks.

Martorelli, Michael has forty-five years of experience as an investment analyst/banker and has spent time as an adjunct faculty member at Drexel and Philadelphia Universities. He has written articles and book reviews for *The Financial History Magazine*, the online publications of *The Essential Civil War Curriculum*, and *The Encyclopedia of Greater Philadelphia*. He holds an M.A. in History from American Military University.

Maxson, Glen before retiring built Boeing's first corporate electronic directory while living in Seattle and he also has experience working for Intel in California. Glen now lives in PA and has kept current with new technology choices and trends and has a passion for sharing what he knows and what he is learning with seniors.

McCall, Amanda is the Senior Museum Educator at the Mütter Museum of The College of Physicians of Philadelphia. She is responsible for all dealings with the many groups that visit the Museum each year and she is tasked with teaching lessons and giving tours, as well as managing the Docents for the Museum. America's finest Museum of medical history, the Mütter Museum displays its beautifully preserved collections of anatomical specimens, models, and medical instruments in a nineteenth-century "cabinet Museum" setting. The goal of the Museum is to help visitors understand the mysteries and beauty of the human body and appreciate the history of diagnosis and treatment of disease.

McElwee, Nancy within two short years after retiring from thirty-five years of teaching in the Central Bucks School District in Doylestown, PA, took a tour of Pearl Buck's home and was immediately drawn to and greatly inspired by Miss Buck's legacy. She now gives tours, manages the volunteer gift shop, and has recently served as President of the Pearl S. Buck Volunteer Association.

McLaren, Scott has been a passionate Beatles fan since he was nine years old, after having received the *Meet the Beatles* album as a gift. His interest in their music and each Beatles' individual charm and unique personality led him to deep exploration of the Beatles' story via books, seminars and classes. He has traveled extensively to Beatle sites including, but not limited to, Liverpool, Hamburg and London—including to interview Roag Best, the son of the Beatles' road manager and half-brother to the Beatles first drummer—to gain a better knowledge of their collective and individual stories. He has collected over fifty hours of rare interviews, press conferences, outtakes, studio banter, concerts and alternate song takes. Scott is a recently retired sales executive of thirty-five years with experience at Amazon Web Services, IBM, and other technology companies.

Miller, A. Lee has taught various computer courses at the University level and she and her husband Jim have been facilitating the CLR Book Club for over twelve years. She holds a Ph.D. in Computer Science.

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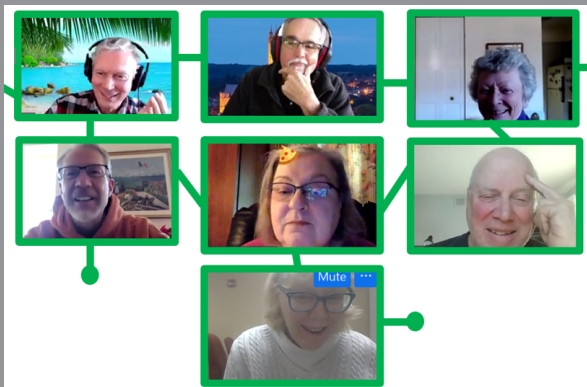
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Moore, Suzy has been a lawyer for forty years with a passion and hobby for acting, théâtre, public speaking, as well as choral music and outings with her flute.

Moyer, Carol is a former science teacher, a Penn State Master Gardener, and is an absolute connoisseur of all things Irises! She has been volunteering at Delaware Valley University in the campus's Iris garden for over twenty-three years, giving generously of her time and resources, working to transform it into a combination native perennial pollinator and bird-friendly garden that is now home to fourteen types of recognized Irises by the American Iris Society. Her efforts in the garden have not gone unnoticed—she is regularly seen sorting and crossing seeds among other tasks and she is well-known and admired by University faculty, staff, and students, so much so that the University dedicated and named the garden in her honor in 2007. She has served as former President of the Delaware Valley Iris Society, has been an American Iris Society judge, has given more than thirty presentations to garden clubs about Irises, and has earned various and numerous awards. She holds a B.S. in Chemistry and an M.S. in Education.

Newman, Esq., Richard has been a practicing attorney for over thirty years focusing on Elder Law and Special Needs Planning. His practice is devoted to serving some of the most vulnerable members of society and the families who are caring for them. He is currently a member of the National Academy of Elder Law Attorneys and the Pennsylvania Bar Association, Elder Law Section, is an active member of the Bucks County Bar Association, the Academy of Special Needs Planners, Bucks County Area on Aging Advisory Council, among other organizations.

Ogden, Karen is the Watershed Specialist for Bucks County Conservation District, an organization dedicated to conserving soil and water in Bucks County, PA. She holds a B.S. in Biology from Salisbury University and an M.S. from the University of West Florida.

Parente, Rich has worked for the Philadelphia Department of Veterans Affairs Medical Center at the Hospital of the University of Pennsylvania where he managed quantitative analysis for their Alcoholism and Drug Treatment Evaluation programs. He also has experience in Information Technology, having held roles at Applied Data Research, Inc. and IBM. He holds B.A. degrees from Drexel University.

Prieto, Carolyn is a certified RYT500 yoga instructor and has been an active yoga practitioner for over ten years, teaching a variety of people of all ages. She also enjoys painting and is a docent at the James A. Michener Museum (Doylestown, PA).

Pulini, Louise retired from a career in proposal management and her lifelong hobby has been putting together lists of films for family and friends. She has been involved with film societies and has attended film festivals around the world and is always searching for new and interesting content. She enjoys finding gems (i.e. documentaries, foreign and independent films and series) throughout the various streaming services as well as on cable.

Shallcross, David is the Director of the Senior Protection Unit and the Education and Outreach Specialist for the Pennsylvania Office of Attorney General. He has appeared four times on PCN statewide cable television as a specialist on fraud against older adults, has made numerous guest appearances on BCTV in Berks County and has been heard on Lehigh Valley NPR radio and WBCB Levittown radio shows. He has testified before the Pennsylvania House of Representatives Aging and Older Adult Services Committee, as well as participated as a panelist on the State Senate Democratic Policy Committee's Safety and Wellness for Pennsylvania's Senior Citizens' Roundtable. Mr. Shallcross also serves as Attorney General's designee on the PA Supreme Court's Elder Justice Advisory Council and more.

Knapp Siegel, Lisa is the President of the Montgomery Township Historical Society, located on Dekalb Pike and Knapp Road in Montgomery Township, PA. Knapp Farm is a local treasure—it is not only the Society's headquarters, but it is also the only home in Montgomery Township in the National Register of Historic Places, and dates to c. 1760.

Silverman, Lois has taught American and English literature, writing, and media studies, has written many dramatic presentations for non-profit organizations across North America, and has taught personal enrichment courses relating to television and pop culture. She holds a B.A. and M.A. in English Literature from Montclair State University.

Smith, Leah is the Visitor Experience Manager and Museum Educator at Glencairn Museum (Bryn Athyn, PA). She enjoys sharing the Museum's various ornate and history-laden collections with all.

Sosnowski, Eugene has thirty-eight years of experience as an information technology professional, holding such roles as director of network marketing and sales, computer hardware and systems engineer, as he was employed by industry pioneers and leaders in information processing including UNIVAC, Sperry Rand, and Unisys Corporation. He holds degrees from The Newark College of Engineering and the University of Maryland.

Spector, Rick is the owner and founder of Moviehouse Productions, where he produces video vignettes and live presentations on the hidden gems and forgotten yarns of Philadelphia's past.

Steele, Elizabeth is a connoisseur of all things Jane Austen—she is a member of the Jane Austen Society of North America, has been a featured speaker for many organizations, including most notably Winterthur Museum's Jane Austen Day, and has published two articles in "Persuasions," a journal dedicated to the study of Jane Austen. She has been a Jane Austen devotee since the age of sixteen and has spent decades reading anything by or about Jane Austen, or anything that Jane Austen herself has read.

Taylor, Susan is the recently-retired Executive Director of the Friends of the Delaware Canal, which is an independent, not-for-profit organization that strives to restore, preserve, and improve the Delaware Canal and its surroundings. The organization's primary goals are to ensure that the Canal is fully watered from Easton to Bristol and that the towpath trail is usable over its entire length.

Tenenblatt, Don is a composer and lyricist, was a member of the BMI Musical Theatre Workshop in NYC, and has played piano and/or music directed for numerous dance, opera, and musical theatre productions in NYC, NJ, and PA including PA Ballet and Opera Theatre at TCNJ. He currently is a pianist for Capital Philharmonic of NJ and teaches voice and piano lessons privately in the Doylestown area. He holds degrees in music from Yale and Rutgers Univer-

sities. Be sure to tune into his YouTube playlist by visiting <https://www.youtube.com/playlist?list=PL7Ucdn73mSyBDRcmuQrI9v3K-eDbQmyzW>. You will not want to miss a beat!

Tonkin, David has traversed the globe many times and has appreciatively gathered a rich tapestry of remarkable and matchless life-lessons, vivid memories, experiences and opinions, having served as an Airborne Cavalry Officer in the South African-Cuban-Angolan Wars and as a UN peacekeeper in five African countries. He has held various roles at global business training enterprises, and has been a prior recipient of the "Excellence and Innovation in Corporate Learning" Award. His eclectic topical coverage and range of lectures, blogs, and commentaries are fueled by his many years of global travel and the embracing of a rich collective of his experiences and research.

Visco, Dom has served as a technical assistant for over eleven years for the Professional Artists Lecture Series course, supporting instructor Jan Marabito by providing technical assistance to the artists and class members. He has prior experience as the Director of Systems Development for Richardson-Vicks Inc., the Associate Director of Information Technology for Procter & Gamble, and as an Adjunct Professor of Business Studies for Bucks County Community College.

VonStein, Kellie is the Associate State Director of Outreach and Advocacy for AARP of Lehigh Valley. AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people fifty and older to choose how they live as they age. With 1.8 million members in the Lehigh Valley and throughout Pennsylvania, AARP strengthens communities and advocates for what matters most to families—health, security, financial stability, and personal fulfillment. To learn more, visit www.aarp.org.

Waxler, Jerry has written several books about writing, including "Memoir Revolution: A Social Shift that Uses Your Story to Heal, Connect, and Inspire," and has taught memoir writing at Northampton Community College, and other institutions. He holds an M.S. in Counseling Psychology from Villanova University.

Weir, Sara is the Traffic Safety Manager of AAA, has experience providing educational presentations to community members of all ages, is a Certified Child Passenger Safety Technician, and is a CarFit instructor. She dedicates much of her time to helping schools start-up and sustain the AAA School Safety Patrol Program and creates resources for the organization's almost three thousand active patrols.

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