



CLR SUMMER 2026

IN PERSON COURSES & SEMINARS

MONDAYS

Life in the Littoral

- Format: On-campus series
- Time: 12:15 - 1:05 PM
- Meeting Dates: July 6, July 13, July 20 and July 27

Instructor: John Deitz

Campus Location: Student Center 205 (Sigety)

Series Description: The littoral, or nearshore, zone extends from the tidal zone to the neritic waters and the continental shelf. This course examines the sights and specimens encountered while walking the beach, wading in the surf or snorkeling. Participants will also explore beachcomber botany. Please bring your favorite guidebooks and reference materials used during seashore visits. Attendees are encouraged to keep picture books on hand to share personal finds and stories from trips to the tropics.

TUESDAYS

Click, Post, Manipulate: How AI and Online Behavior Shape What We Believe

- Format: On-campus seminar
- Time: 10:40 AM - 12:05 PM
- Meeting Date: June 9

Instructor: Amanda Bertram

Campus Location: Life Sciences Building 101

Seminar Description: The course examines online behavior including trolling, incivility and disinhibition, and how social media amplifies emotion, accelerates social contagion and fosters siloed perceptions that can distort judgment and fuel polarization. It also explores the disinformation ecosystem, including how misleading content spreads and how artificial intelligence accelerates both its creation and detection. Through research, case studies and applied analysis, participants develop the skills to recognize behavioral patterns, assess information credibility and engage responsibly in an AI-shaped digital landscape.

Intro to Photography

- Format: On-campus series
- Time: 1:00 – 2:00 PM
- Meeting Dates: July 7, July 14, July 21, July 28

Instructor: Ricky Codio



Center for Learning in Retirement

Summer 2026 Course Offerings

Campus Meeting Point: Student Center 106 (Melange Lounge)

Series Description: Discover the joy of photography on our scenic outdoor campus. Over four one-hour sessions, 15-year master photographer Ricky Codio will guide you through the basics of capturing stunning images. This beginner course will focus on learning the exposure triangle and techniques for capturing images in natural light. You are welcome to bring your own camera or share one of the loaner DSLRs available. Please bring your own secure digital (SD) card to save and take home your wonderful photos! Space is limited to ensure a hands-on experience.

Long Lived Life Lessons (or Boomer Pride!)

- Format: On-campus seminar
- Time: 12:15 - 1:05 PM
- Meeting Date: June 9

Instructor: Larry Lefkowitz

Campus Location: Life Sciences Building 103

Seminar Description: Based on an article by Avery White, the group will explore nine life lessons identified as valuable insights from the Baby Boomer generation. The discussion will examine how these lessons — shaped by cultural, economic and social experiences unique to that era — may offer practical guidance for younger generations navigating contemporary challenges. Emphasis will be placed on themes such as resilience, personal responsibility, work ethic, interpersonal relationships, and financial mindfulness. Participants will be encouraged to critically reflect on the relevance of these lessons in modern contexts, fostering thoughtful dialogue and intergenerational understanding. The content is designed to be intellectually stimulating and personally relatable, creating an open forum for meaningful discussion.

WEDNESDAYS

The Pin and the Postage Stamp: The Amazing Chip

- Format: On campus seminar
- Time: 10:40 AM - 12:05 PM
- Meeting Dates: June 3, June 10, June 17

PLEASE NOTE: This is a single seminar that will be repeated on three different dates. The content presented will be identical during each session.

Instructor: Alan Freedman

Campus Location: Student Center 226 (Rosenfield)

Seminar Description: The backbone of modern society and artificial intelligence (AI), the chip, is arguably the most extraordinary human invention ever developed. Even if you have no technical background, you will come away with a greater understanding of the function, importance, relevance, and impact of this technology.



Center for Learning in Retirement

Summer 2026 Course Offerings

Battle of the Chefs: Competition, Craft, and Camera

- Format: On-campus seminar
- Time: 12:15 - 1:05 PM
- Meeting Date: July 15

Instructor: Alan Shein

Campus Location: Student Center 205 (Sigety)

Seminar Description: Cooking on television has evolved from a weekend hobby into a high-stakes competitive sport. This 50-minute seminar will examine the shift, analyzing the production elements that turn a kitchen into a stadium. The session will break down the mechanics of the "food sport" genre by looking at contestant dynamics, team versus individual play, and the influence of judging styles. Participants will also explore how physical settings and specific food types are used to heighten tension. Highlighted programs will include the South Korean hit "*Culinary Class Wars*," the long-running "*MasterChef*" and the professional gauntlet of "*Hell's Kitchen*."

Advance Directives and End-of-Life Planning

- Format: On-Campus seminar
- Time: 1:40 - 3:10 PM
- Meeting Dates: June 17 and June 24

Instructor: Laurie Brooks

Campus Location: Student Center 205 (Sigety)

PLEASE NOTE: This is a single seminar that will be repeated on two different dates. The content presented will be identical during both sessions.

Seminar Description: The conversation everyone needs to have with themselves and their families is often delayed until it's too late. Let's get it started. As a retired cardiology physician assistant, former paramedic, and now an end-of-life doula, Laurie helps people make informed decisions about their care. The form she uses and recommends, *Five Wishes*, is a legal document in Pennsylvania for advanced directives and medical power of attorneys. Talking about dying is never easy, but it is better to consider your wishes and share them with loved ones before a crisis. Drawing on years of experience with critically ill patients, Laurie guides participants through key decisions and highlight treatment options they may not know exist. Even if you have completed these documents before, a review can be valuable. Enrollment is limited to 20 participants per workshop to allow time for questions.

ADHD: Diagnosis, Treatment — Answering What You Want to Know

- Format: On-Campus seminar
- Time: 12:15 - 1:15 PM



Center for Learning in Retirement

Summer 2026 Course Offerings

- Meeting Date: June 3

Instructor: Joseph H. Werner, MD

Campus Location: Life Sciences Building 101

Seminar Description: Attention-deficit/hyperactivity disorder (ADHD) is a complex neurodevelopmental condition affecting about 10% of children in the United States. Marked by persistent patterns of inattention, hyperactivity and impulsiveness, the disorder can interfere with academic performance, relationships and self-esteem. This overview provides clear, evidence-based information about how ADHD is diagnosed, what treatment options are available and what individuals and families can expect. It aims to answer common questions and offers practical guidance for navigating life with ADHD.



CLR SUMMER 2026

ONLINE COURSES & SEMINARS

VIA ZOOM

MONDAYS

Summer Spanish Culture & Conversation for Beginners

- Format: Online Course (Zoom)
- Time: 10:40 - 11:40 AM
- June Meeting Dates: June 1, June 8, 15, and July 22
- July Meeting Dates: July 6, July 13, July 20, and July 27

Instructor: Shari O'Flanagan

Series Description: *¡Hola, amigos!* This course is for students who studied some Spanish in the past and could use a refresher on basic vocabulary, verb tenses of regular and irregular verbs, concentrating mostly on the simple present, past, and future tenses. We will be striving to expand our vocabulary and knowledge of the Spanish culture with the goal of eventually being able to have simple conversations about our lives in Spanish using a variety of different mediums such as magazine articles, videos, songs & paintings. This will be a fun, relaxing and nonjudgmental atmosphere. *Hasta pronto!*

Back to The Future!

- Format: Online Course (Zoom)
- Time: 1:30 – 2:30 PM
- Meeting Dates: June 22, July 20

Instructor: Louise Pulini

Series Description: This two-part seminar will focus on summer movies (June 22) and fall movies (July 20) that will be showing in theaters and streaming services. We will explore various genres and highlight local theaters showing summer and fall films.

TUESDAYS

Summer Spanish Culture & Conversation Intermediate/Advanced

- Format: Online Course (Zoom)
- Time: 10:40 – 11:40 AM
- June Meeting Dates: June 2, June 9, June 16 and June 23
- July Meeting Dates: July 7, July 14, July 21 and July 28

Instructor: Shari O'Flanagan

Series Description: *¡Hola, amigos!* This class is designed for students who have a



Center for Learning in Retirement

Summer 2026 Course Offerings

substantial background in Spanish, a satisfactory command of the present tense, and who would like to engage in conversations with classmates and the instructor about their lives in Spanish. Participants will explore a variety of topics through songs, videos, magazine articles and paintings — all in a fun, relaxed and nonjudgmental environment. *¡Hasta pronto!*

THURSDAYS

The American Songbook: Discussion & Sing Along

- Format: Online Seminar (Zoom)
- Time: 1:40 – 2:30 PM
- Meeting Date: June 4

Instructor: Don Tenenblatt

Seminar Description: In this seminar, we will explore and sing selections from more than 100 years of the evolution of the *American Songbook*, including selections from musical theatre, jazz standards, and other popular songs. PDFs of lyrics will be provided in advance.